

# Curriculum for Analytical Psychotherapy

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#### A. INTRODUCTION1

In 1948, the C.G. Jung Institute Zürich, Küsnacht was founded with the assistance of the Swiss psychiatrist Carl Gustav Jung.

His Analytical Psychology and Psychotherapy belongs to the psychodynamic therapies, which attach great importance to the Unconscious.

To the notion of the personal unconscious, Jung added the concept of the so-called Collective Unconscious. In this he recognized the naturally given imprints and basic patterns of human life, which he called Archetypes, and which are depicted, for example, in myths and fairy tales. These basic patterns give rise to the development of complexes which mirror our individual relationship experiences as well as personal experiences and anchor them in our memories.

Jung's theory of complexes helps to understand the development of the personality, relationship conflicts and psychological maldevelopments and, on this basis, to treat them psychotherapeutically. Jungian Psychotherapy promotes the development of one's own resources and regards a psychic problem also as a challenge to an essential personal development: Individuation.

In practical psychotherapeutical work, dreams, typology, fairy tales, pictures, sandplay and active imagination, among other things, play a significant role in understanding conscious and unconscious psychic processes. The purpose and aim of working with the Unconscious is to get in touch with the soul and with one's individual creative possibilities. On this basis, Jungian Psychology and Psychotherapy touches questions of meaning and of spirituality.

The transcultural orientation of Analytical Psychology encourages interdisciplinary exchange and helps to find answers to the challenges of a globalized world and its multicultural societies.

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Regarding translations of this document: The original German version remains binding.Curriculum Analytical Psychotherapy C.G. Jung-Institute Zurich, Küsnacht January 1, 2022

#### B. CURRICULUM ANALYTICAL PSYCHOTHERAPY<sup>2</sup>

The C.G. Jung Institute offers three specializations of diploma studies to become an Analytical Psychotherapist,

- The training program E for Analytical Psychotherapy with adults (duration at least 8 semesters)
- The training program K for Analytical Therapy with children/ adolescents (duration at least 8 semesters)
- The combined training program C for Analytical Psychotherapy with adults and children/adolescents (duration at least 8 semesters)

The diploma obtained at the C. G. Jung Institute, leads to a Federally recognized postgraduate title in psychotherapy. Those who intend to run an independent psychotherapeutic practice in Switzerland must furthermore complete an additional clinical year. For more information please see

section B.2.d. on page 4 of this document.

According to the Swiss Law for Psychology Professions (PsyG, Article 38), all graduates are entered in the Professional Register of the Federal Department of Home Affairs (EDI).

#### 1. Admission

Those applying for the training must provide evidence of a Masters degree in Psychology (university or university of applied science or of a university degree in Medicine) as well as sufficient academic achievement in clinical psychology and psychopathology. (12 ECTS points).

Applicants who have not acquired sufficient knowledge in clinical psychology and psychopathology during their university studies must make up for this before taking the intermediate examinations II.

Each applicant will be assigned to three members of the Admissions Committee. The admissions interviews assess the personal aptitude of the applicant for the profession of psychotherapist and decide about admitting him to the training program. The members of the Admissions Committee accompany the student throughout the entire training.

<sup>&</sup>lt;sup>2</sup> For reasons of easier readability, the generic masculine is used throughout the text. These regulations cover all gender forms (female, male, diverse). Everyone is treated equally.

#### 2. Structure and essential elements of the training

#### a. Training in two phases

The first phase of the training lasts at least two semesters and is designed to provide students with the theoretical knowledge that will enable them to work psychotherapeutically with patients after passing the Intermediate Exam I "Fundamentals of Analytical Psychology".

After passing the Intermediate Exam I "Fundamentals of Analytical Psychology", the student is designated as a diploma candidate and is eligible to work with patients under the guidance of a Swiss State recognized supervisor<sup>3</sup> accredited at the C.G. Jung Institute, and to visit those seminars and courses that are reserved for diploma candidates.

The second phase of the training, as a diploma candidate, entitles the student to work independently as a Jungian Analytical Psychotherapist.

The training goals as required by Article 5 in the PsyG (Swiss Law for Psychology Professions) are conveyed within the framework of theoretical instruction as well as in individual and group supervision. A detailed description can be found in section D.5.p. 59.

On passing the Diploma Examinations, the Federal Office of Public Health (FOPH) awards the student the certificate of "Swiss State recognized title in Psychotherapy."

#### b. Self-Experience

The self-experience practice with a "Training Analyst/Self-Experience Psychotherapist (LA)"<sup>4</sup> with Federal Recognition<sup>5</sup> is the core of the training.

It accompanies the entire course of training, comprises at least 150 sessions and, like every analytic or psychotherapeutic activity, is inherently subject to confidentiality. It is separated from all the evaluative functions. A single self-experience session lasts for at least 45 minutes.

#### c. Theoretical knowledge

Over the course of their studies, students must demonstrate that they have acquired at least 500 credits of theory. One credit corresponds to a teaching unit of 45 minutes.

<sup>&</sup>lt;sup>3</sup> Supervisors with Federally recognized Psychotherapy title or Federal Specialist recognition for Psychiatry and Psychotherapy are designated as "Supervisors with Federal Recognition".

<sup>&</sup>lt;sup>4</sup> Training Analyst/Self-Experience Psychotherapist are synonymous terms

In the first two semesters, a total of 125 credits are needed in basic subjects, and the Intermediate Exam I "Fundamentals of Analytical Psychology" must be passed, so that the appointment as a diploma candidate with case eligibility can then be granted. Subsequently the advanced subjects are then to be attended.

Those who study part-time can take longer to sit the intermediate examination I.

The students are largely free to choose the lectures and seminars within the offered basic and advanced subjects. The events are intended to impart the necessary theoretical and technical knowledge for the examination subjects and, additionally, to provide insights into areas of knowledge relevant to Analytical Psychology and Psychotherapy.

Depending on the program, several written papers must be completed that are evaluated by a main-examiner, training analyst/self-experience psychotherapist, supervisor candidate or supervisor. However, neither the personal training analyst/self-experience psychotherapist nor the members of their individual Admissions Committee are eligible to do this.

#### d. Clinical practice

Clinical practice (at least two years full-time with 40 hours per week, parttime takes correspondingly longer) aims to provide students with psychotherapeutic experience across a broad spectrum of mental illnesses and disorders.

The clinical practice must be completed in psychosocial care facilities, with at least one year working in a facility for outpatient or inpatient psychiatric / psychotherapeutic care.

Generally speaking, clinical practice is case-responsible employment (in the fields of psychology or medicine), under the supervision of a psychologist. A detailed description of the requirements can be found at C.5.d.p. 17 in this document.

The 2-year clinical practice required for the diploma studies is not sufficient for the Cantonal Practice Permit for an Activity that is reimbursed by the Mandatory Health Care Insurance (OKP). For such a licence to practice at the expense of the OKP, every Federally recognized psychotherapist must provide evidence of <u>3 years</u> of clinical practice at 100% activity according to the so-called "order model"<sup>6</sup>.

Thus, every Psychotherapist Federally recognized must be employed for one additional clinical year either during or after the diploma studies thus in an institution of continuing education category A, B or C if he intends

<sup>&</sup>lt;sup>6</sup> Federally recognized psychological psychotherapist with a licence to practice at the expense of the Mandatory Health Care Insurance (OKP) can work self-employed and at own expense as from July 1, 2022. Prerequisite is a medical order.

to establish his own practice. A list of qualifying institutions is available on the website.

For students who intend to establish their own practice later on, it is advisable to already complete one of the two required clinical years in an institution of continuing education category A, B or C during the diploma studies.

#### e. The Intermediate Examinations I and II

In all programs, the first part of the training concludes with the Intermediate oral Exam I: "Fundamentals of Analytical Psychology". It can be taken in the 2nd semester at the earliest. After this intermediate examination, the two oral intermediate examinations II must be taken within the following two semesters and at the earliest in the 3rd semester. For example in program E this would be: "Dreams in Adults from the Perspective of Depth Psychology" and "Myths and Fairy Tales from the Perspective of Depth Psychology".)

Tabular overviews of the examinations required in the respective programs can be found at the end of this brochure is section D.6.p.59.

#### f. Supervised psychotherapeutic casework with patients

Following the promotion to diploma candidate, at least 500 treatment sessions (casework) with patients are to be performed in all programs. At least 10 completed cases must be demonstrated and each documented with a case report (see section C.8.). A treatment session lasts at least 45 minutes.

The psychotherapeutic casework with patients within the framework of the training is subject to the supervision of the Institute and must be overseen regularly during the training by accredited supervisors with Federal recognition (see List of Accredited Instructors with Federal Recognition).

The casework must be accompanied by a total of 150 supervision sessions. A minimum of 50 sessions must be completed in an individual setting with at least two supervisors and at least 70 sessions as group supervision. In program E and K in at least two groups must be completed and the program C in at least 3 groups. The remaining 30 sessions can be completed either as individual or as group supervision.

An individual supervision session lasts at least 45 minutes, a group supervision session 90 minutes.

#### g. <u>Diploma examinations</u>

The second phase of the training ends with three diploma examinations in the programs E and K or with four examinations in the program C. These can be taken in the 7th semester at the earliest.

For example, for the adult program E diploma, the following fields of study are examined orally: "Individual Case Examination of an Adult including the Understanding of Dreams from the Perspective of Depth Psychology"; as well as "The Understanding of Pictures or Sandplay Processes in Adults from the Perspective of Depth Psychology and Clinical Practice".

In addition, a written exam must be taken on topics from the module "Existential Questions and Societal Challenges and their Relevance for Psychotherapy."

A tabular overview of the examinations in the respective programs are to be found at the end of this brochure under section D.6.p. 59.

#### 3. The costs of the training

In program E and K one must reckon with at least the following basic costs (Status January 2022):

Admission, Admissions Committee, examination and diploma fees

result in approximately:

Semester fees

25'600 CHF

Self-Experience (per session of 45 minutes 135 CHF<sup>7</sup>)

Individual supervision (per session of 45 minutes 135 CHF)

Group supervision (session of 90 minutes, 50 CHF)

3,790 CHF

3,790 CHF

30 sessions single or group supervision 1'500 – 4'050 CHF

Total (at least) 61'390 CHF

Similarly, program C has costs of at least 61'740 CHF

Not included in this fee summary are travel, board, accommodation costs and individually study materials that may be required as well as possible additional fees (e. g. entry into professional register, practice license etc).

Examiners, experts, readers, and advisors of seminar papers are compensated for their work by the Institute. Only in exceptional cases additional demands for fees paid by the student are permitted these, however, must be approved by the Director of Studies in advance.

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<sup>&</sup>lt;sup>7</sup> Average fee

#### 4. Right of appeal

An appeal is possible against decisions made by the Admissions Committee, the Directorate of Study and failure of an examination. The details of the appeal procedure are described in Art. 40. (page 31). It is recommended to seek a discussion with the Director of Studies before submitting an appeal.

#### C. IMPLEMENTATION

#### 1. Introduction

#### Art. 1:

General

- <sup>1</sup> The current curriculum 2022, including the implementation regulations conforms to the requirements of the Swiss Law for Psychology Professions (PsyG from April 1, 2013, status as of December 15, 2020) and applies to all students of the C.G. Jung Institute Zurich, Küsnacht, who aspire to obtain Federal Recognition as a psychotherapist in Switzerland. It takes effect from January 1<sup>st</sup>, 2022.
- <sup>2</sup> A private practice as a psychotherapist with one's own professional responsibility requires the formal approval of the Cantonal Health Department on whose territory the profession is exercised. (Art. 22 Federal Act on the Psychology Profession [Swiss Law for Psychology Professions PsyG]). In this regard, it should be noted that the 2-year clinical practice followed during the course of study is not sufficient for the recently introduced Cantonal Practice Permit for an Activity reimbursed by the Compulsory Health Care Insurance (OKP) (see full details in section B.2.d. page 4).

Commitment

<sup>3</sup> At the beginning of their studies, each student agrees to maintain confidentiality. The confidentiality agreement and other ethical guidelines are set out in the C.G. Jung Institute Code of Ethics. In addition, the institute and house rules must be observed.

#### 2. Admission to training, application procedure

#### a. Admission criteria

#### Art. 2:

Master's degree in psychology (university or university of applied science) or university degree in medicine

- <sup>1</sup> Those applying for training must provide evidence of a Master's degree in psychology with sufficient achievement in clinical psychology and psychopathology (from a university or university of applied science) or of a university degree in medicine.
- <sup>2</sup> In accordance with Art. 3 PsyG, people having a foreign degree in psychology must demonstrate its equivalence with a domestic university degree recognised under this law. The Swiss Psychology Professions Commission in Bern is responsible for this recognition process. According to PsyG Art. 4, anyone who has acquired a degree in psychology recognised under this law can call themself a Psychologist in Switzerland.
- <sup>3</sup> Physicians who complete the present training program, are subject to the provisions of the Medical Act (MedBG).

#### Art. 3:

#### Language skills

- <sup>1</sup> Students must be fluent in at least one of the two instruction languages at the C.G. Jung Institute (i.e. German or English).
- <sup>2</sup> Examinations can be taken in either German or English.

#### Art. 4:

## Personal maturity selection criteria

- <sup>1</sup> To ensure the protection of future patients, stringent requirements are necessary concerning personal maturity and suitability for the profession as a psychotherapist.
- <sup>2</sup> The rules of procedure of the Admissions Committee describe the criteria on which an examination of suitability for the profession of psychotherapist is based. These are discussed with the applicants and can be viewed.
- <sup>3</sup> All personal documents will be handled confidentially.

#### b. Registration

#### Art. 5:

## Registration and Admission

- <sup>1</sup> Since the admission procedure can last two months after receipt of all the documents at the Institute, the application should be submitted at least 3 months before the intended start of the training. The training can be started at the beginning of each semester, in April and October.
- <sup>2</sup> As well as the completed application form (www.junginstitut.ch), the following documents are requested in electronic form for the attention of the Admissions Committee:
- A recent photo;
- A photocopy of the academic diploma;
- A brief biography (5-10 pages). This should include the most important personal moments and inner experiences, in particular addressing conflicts, crises or problems in different stages of life as well encounters with Jungian Analytical Psychology and the motivation for training;
- Payment of the registration fee (no refund).

#### 3. Admissions Committee

#### a. General information

#### Art. 6:

In general

<sup>1</sup> The Admissions Committee accompanies students throughout their training and assesses their suitability for the profession of psychotherapist.

- <sup>2</sup> The Board of the Training Sector charges the Admissions Committee with deciding on admitting the applicant to begin the training (Admissions Interviews) and later for admission to the Diploma Examinations (Diploma Interview). Furthermore, the students' personality development and their suitability to become psychotherapists is evaluated in so-called site interviews, which take place one year after the start of casework.
- 3 If an applicant is accepted, enrollment must take place within three semesters following admission.
- <sup>4</sup> All decisions of the Admissions Committee are communicated to the applicant or student in writing by the Administration of Studies.
- 5 If a student has fulfilled all study requirements, The Admissions Committee decides on the graduation at the Examination Conference.
- 6 If a student wishes to change programs, no additional interviews with the Admissions Committee will be required.

#### b. Interviews

#### Art. 7:

Admissions Interview

- <sup>1</sup> As soon as the application documents have been submitted in full to the Administration of Studies, they will be examined. Applicants who fulfill the formal admission criterias are then requested to come for the interviews. These comprise of individual talks with three members of the Admissions Committee consisting of two single-hour interviews with each member (a total of 6 interviews). The aim of the interviews is to assess the personal suitability for the psychotherapist profession. As a rule, interviews take place in person in the practice of the Admissions Committee members in Switzerland, if necessary, they can also be completed by video conference.
- <sup>2</sup> A payment notice is included with each invitation to an interview, and this is to be paid before the interview begins. In the case of non-admission, a refund of the interview fee is not possible.

#### Art. 8:

Sites Interviews

- <sup>1</sup> One year after the start of the casework, the student arranges individual interviews with the three members of the Admissions Committee assigned to them, the so-called "Site Interviews". For this purpose the first assessments of the casework by the responsible supervisors as well as the assessment by the reader must be available.
- <sup>2</sup> Based on these three site interviews, the Admissions Committee decides on the student's suitability for the profession as psychotherapist. These interviews are subject to a charge.

#### Art. 9:

#### Diploma Interview

- <sup>1</sup> As soon as the student is informed about the date of the "Individual case examination", he arranges an individual interview with the coordinator, i.e. the respective leading person of the members of the Admissions Committee assigned to him/her. After this so-called "diploma interview" and after consultation of the coordinator with the two other members, a joint decision is made by the three members on the personal suitability of the student for the profession of psychotherapist. Should doubts arise, the Admissions Committee reserves the right to invite the student to two further interviews at a charge.
- <sup>2</sup>The individual Admissions Committee guarantees that the diploma interview and the assessment of the student's personal suitability for the profession of psychotherapist will take place in good time before the exam conference.
- <sup>3</sup> For the diploma interview, the assessment of the "Individual case examination" must be available. Therefore, it is recommended to start the diploma examinations with the "Individual case examination".
- <sup>4</sup> The Administration of Studies informs the student of the decision of the Admissions Committee.
- <sup>4</sup> This interview is chargeable.

#### Art. 10:

Admissions
Committee:
Procedure in case of
doubt about a
student's suitability to
become a
psychotherapist

- <sup>1</sup> If an applicant is rejected after the admissions interviews, they may reapply for admission to the program after two years at the earliest.
- <sup>2</sup> In order for the Admissions Committee to fulfill its task, it is necessary that lecturers and group supervisors, readers, examiners or individual supervisors inform the Admissions Commission of any irregularities in students or about doubts about their suitability for the profession as psychotherapist. If concerns are reported, the student must be informed in advance.
- <sup>3</sup> If a Training Analyst/Self-Experience Psychotherapist terminates the self-experience on the basis of substantial doubts about the student's suitability for the profession as psychotherapist, they must inform the Admissions Committee of this decision (but not about content of the self-experience; this is subject to confidentiality). Before this happens, the student must be informed in advance.
- <sup>4</sup> If the Admissions Committee is informed about such doubts about the suitability of a student for the profession as psychotherapist, then the student may be asked to do follow-up interviews with one or more members of the Admissions Committee at any time. These interviews are free of charge. The purpose of this is to make the student aware of existing difficulties and to give the student the opportunity to address

them and, if possible, to resolve them. Here the Admissions Committee gives special consideration to the protection of the patients.

- 5 If doubts on the suitability of the student for the profession as psychotherapist remain, even after the interviews, the Admissions Committee may draw various conclusions in consultation with the Directorate of Studies, eg increasing the required number of hours of self-experience or individual supervision, postponing the diploma graduation, or as a final consequence, discontinuing the training or discontinuing the training with the possibility of reapplying after a period to be determined. The student must be informed about this. The student is also entitled to see the minutes of the Admissions Committee regarding the reasons for this decision.
- 6 If a delay to graduation or discontinuing of the training has been requested or if other conditions are imposed, the student has a right to an interview, to discuss further with a committee member without charge.
- <sup>7</sup> The reasons for a delay or discontinuing the training or for other imposed conditions are put in writing and can be reviewed by the student.
- <sup>8</sup> If the Admissions Committee requests discontinuing the training the student must wait at least two years before reapplying.
- <sup>9</sup> Students must be made aware of their rights of appeal against all decisions of the Admissions Committee.

#### 4. Semester types, registering for and leaving the training

#### a. Types of semesters

#### Art. 11:

Training semester

Duration of study

- <sup>1</sup> In all the programs, students must be enrolled for at least 8 regular semesters. The maximum duration of study is 12 semesters, in the case of part-time studies the duration is correspondingly longer.
- <sup>2</sup> Examinations must be taken during a regular semester of study.
- <sup>3</sup> Before the enrollment deadline the completed enrollment form must be sent to the Administration of Studies and the semester fee must be paid.

#### Art. 12:

Leave of absence semester

- <sup>1</sup> Students may take a leave for up to 6 semesters during their studies, with a maximum of two semesters in a row being possible.
- <sup>2</sup> Leave of absence semesters are not included in the minimum number of training semesters.
- <sup>3</sup> During a leave of absence, it is not permitted to take part in seminars; lectures can be attended on payment of the students' entry fee. The

Library and picture archivecan be used. Exams cannot be taken. Internship, self-experience and supervision sessions are credited.

<sup>4</sup> For each leave of absence semester, the completed enrollment form must be sent in and the leave of absence fee paid before the enrollment deadline.

#### b. Enrollment in and termination of the training

#### Art. 13:

#### Enrollment

- <sup>1</sup> For administrative reasons, it is essential for students who wish to maintain enrollment to re-enroll for each semester. If a student would like to change from one program to another, he should inform the Director of Studies.
- <sup>2</sup> The completed enrollment form must be handed in to the Administration of Studies before the enrollment deadline. The semester fees must be paid before the beginning of the semester.

#### Art. 14:

### Termination of matriculation

- <sup>1</sup> Students can withdraw from being matriculated while observing the enrollment deadline. Written notification must be sent to the Director of Studies.
- <sup>2</sup> Students can resume their training again within four semesters without having to repeat the admission procedure.
- <sup>3</sup> During the course of studies, exmatriculation is possible only once.
- <sup>4</sup> Non-payment of a semester fee after the second reminder results in exmatriculation.
- <sup>5</sup> Failure of an examination at the third attempt also results in the termination of the matriculation.

#### 5. Structure and essential elements of the training

#### a. Self-Experience

#### Art. 15:

## Scope of the training analysis

- <sup>1</sup> A self-experience session (training analysis) lasts at least 45 minutes.
- <sup>2</sup> The self-experience is separated from all evaluative functions. For this reason, the student's personal analyst/self-experience analyst can neither be chosen as a supervisor, nor as main-examiner, nor as reader of case-reports, nor as co-examiner nor advisor for seminar papers. Members of the student's Admissions Committee can only be chosen as

the student's training analyst if they withdraw from their function as their Admissions Committee member.

- <sup>3</sup> The self-experience comprises at least 150 sessions: of which at least 75 must take place before the end of the intermediate examinations II and the remainder before the end of the Diploma Examinations.
- <sup>4</sup> The self-experience serves the self-reflection in which a careful examination of the personal and collective unconscious takes place. The Jungian psychotherapist must have experienced the processes and effects of the unconscious in order to be able to reflect critically on his own projections onto the patient.

#### Art. 16:

Self-Experience with Training Analysts/ Self-Experience Psychotherapists and Supervisors of the C.G. Jung Institute:

Guidelines

- <sup>1</sup> The self-experience/training analysis must be completed during the training with an accredited Training Analyst/Self-Experience Psychotherapist (LA) with Federally recognized title, or with a Federal Specialist with recognition for Psychiatry and Psychotherapy. They are referred to in the text that follows as "Training Analysts/Self-Experience Psychotherapists and Supervisors with Federal Recognition". Training Analysts/Self-Experience Psychotherapists and Supervisors are appointed by the Institute and are listed in the "Directory of Accredited Instructors with Federal Recognition".
- <sup>2</sup> It is recommended to work with both a female and male Training Analyst/Self-Experience Psychotherapist over the course of the self-experience. Working with two analysts at the same time, however, is not permitted. It is also not allowed to work with more than two Training Analysts/Self-Experience Psychotherapists in total.
- <sup>3</sup> Since self-experience is an ongoing psychological process, at least 50 hours of the self-experience must take place with the same Training Analyst/Self Experience Psychotherapist.
- <sup>4</sup> Like any analytic and psychotherapeutic activity, the self-experience/ training analysis is subject to the obligation for confidentiality.
- <sup>5</sup> The number of self-experience sessions must be confirmed by the respective Training Analysts/Self-Experience Psychotherapist.

#### Art. 17:

Acknowledgement of other Training Analysis/ Self-Experience sessions

- <sup>1</sup> As a rule, self-experience that has taken place before admission to the training program cannot be counted.
- <sup>2</sup> If a semester of study attended in the Institute's Further Education program is retroactively approved as a part of the diploma training, the corresponding self-experience carried out at this time will generally also be recognised. The prerequisite for this recognition is that the requirements for participation in the "Analytical Psychotherapy" training

program were already fulfilled prior to participation in the Further Education Program.

<sup>3</sup> Self-experience sessions carried out abroad must take place in a manner approved by the Institute. Students who live abroad can submit a request to the Director of Studies for recognition of an external self-experience in their home country. The condition for the recognition of an external Training Analyst/Self-Experience Psychotherapist is the equivalence of their qualifications with the Swiss State requirements. The external Training Analyst/Self-Experience Psychotherapist, is then for the duration of his activity an extraordinary member of the C.G. Jung-Institute Zurich and pays an annual administration fee.

#### b. Theoretical knowledge

#### Art. 18:

Lectures and seminars

<sup>1</sup> Lectures and seminars are made available to those in training so they can acquire the necessary theoretical prerequisites to obtain the diploma and, in addition, to obtain insights into scientific areas that are relevant to Analytical Psychology and Psychotherapy. All lectures and seminars are offered to students in the form of subjects. The basic subjects must be attended before the intermediate examination I, and the advanced subjects in the second part of the course. A detailed description of all subjects and the scope of mandatory lessons can be found in Section D of this document.

## Credits (45 minutes)

- <sup>2</sup> Maintaining a Record of Course Attendance (available in the front office) is required. Over the course of their training, students must prove that they have obtained at least 500 credits of theory (one credit equals a teaching unit of 45 minutes), of which 125 credits must be from basic subjects prior to beginning casework.
- <sup>3</sup> Seminars and lectures in German usually take place from Thursday to Saturday, occasionally also on Sunday. Courses in English are offered in the form of blocks.

## Seminar registration and cancellation

<sup>4</sup> Anyone who has signed up for a seminar is obliged to attend. Cancellations are possible up to 10 days prior to the English block and up to 10 days prior to the German lecture/seminar. In case of unexcused absence, a default fee will be charged.

#### c. Seminar papers

#### Art. 19:

In general

<sup>1</sup> Depending on the program, several written papers are to be produced in which aspects of Analytical Psychology and psychotherapy are taken into account. The seminar paper is to be handed in to an accredited main-examiner, Training Analyst/Self-Experience Psychotherapist (LA), Supervisor candidate (LAS\*, AKJS\*) or Supervisor (LAS, AKJS), with Federal Recognition. Former or current Training Analysts/Self-Experience Psychotherapists of the student, as well as members of his Admissions Committee are excluded.

- <sup>2</sup> The topic of the seminar paper can be freely chosen after consultation with the advisor. Information on the content requirements can be found in the "Exam Regulations Curriculum Analytical Psychotherapy" under sections 5.a. 5.e.
- <sup>3</sup> Rules regarding layout, citation and references can be found in the "Exam Regulations Curriculum Analytical Psychotherapy" under section 7 "Formal guidelines for the written papers".
- <sup>4</sup> The student submits his symbol paper to the advisor together with an evaluation form, which is available from the Administration of Studies, and asks them to fill it out and send it back to the Administration of Studies.
- <sup>5</sup> The seminar paper approved by the advisor, and its evaluation, must be submitted to the Administration of Studies when registering both for the Intermediate Examinations II and for the Diploma Examinations.

#### Art. 20:

#### Programs E, K, C

In all programs, a seminar paper of 10 to 20 pages<sup>8</sup> on symbolic material must be submitted before the Intermediate Examinations II.

#### Art. 21:

#### Programs E and C

- <sup>1</sup> Each diploma candidate in the programs E and C must attend the introductory seminar to the Word-Association Test.
- <sup>2</sup> Each diploma candidate in the programs E and C must perform and evaluate a Word-Association Test with one patient either at the start or during the course of the psychotherapy.
- <sup>3</sup> The evaluation of the test takes place orally in an examination seminar.
- <sup>4</sup> After attending the examination seminar the analysis of the evaluation is presented in written form. This written work will be evaluated by the seminar leader. (in program C this is optional, see article 22 below).
- <sup>5</sup> As with any other seminar paper, the evaluation is submitted by means of an evaluation form, which is sent to the Administration of Studies by the seminar leader.
- <sup>6</sup> In the case report the results of the Word-Association Test are considered with regard to the course of psychotherapy and its significant events.

<sup>&</sup>lt;sup>8</sup> In General: One page is 2000 characters including space characters
Curriculum Analytical Psychotherapy C.G. Jung-Institute Zurich, Küsnacht January 1, 2022

#### Art. 22:

<sup>1</sup> In programs K and C, there are additional requirements:

#### Program K

Before registering for the diploma exams in Program K:

 a seminar paper on a projective test is required where both theoretical and practical viewpoints should be taken into account.

#### Program C

Before registering for the Diploma Exams in Program C:
 The student produces either:

a seminar paper about a projective test where both theoretical and practical viewpoints should be taken into account.

or

#### Alternative

a written evaluation of the Word-Association Test as described under Art. 21.

#### Before registering for the Diploma Exams

Program K and C

a) An anamnesis report of a child or adolescent: the report of 8 to 12 pages should be elaborated within a current or completed psychotherapy with a child or adolescent. An indepth anamnesis with the caregivers/significant persons of the child or adolescent should be prepared. The report should include personal reflections on the specific work with the child or adolescent and their attachment figures as well as interpretations from the point of view of Analytical Psychology.

Alternatively

#### Alternative

- b) A seminar paper on a family interaction: the paper of 8 to 12 pages provides an opportunity to acquire theoretical knowledge of at least one freely chosen family psychotherapy concept, to deal with it in the therapeutic work with children, adolescents and their significant persons, and to to establish a connection between this approach and Analytic Psychology.
- <sup>2</sup> Advisors can be examiners from the field of Analytical Psychotherapy with children and adolescents, Supervisor Candidates or Supervisors for children and adolescents (AKJS\*, AKJS) all Federally recognised.

#### d. Clinical practice

#### Art 23:

#### Clinical practice

<sup>1</sup> Prior to graduation as an Analytical Psychotherapist, students must undertake psychotherapy-related clinical practice work of at least 2 years at 100% workload in a mental healthcare facility. At least one of these two years must be completed in an institution for inpatient or outpatient psychotherapy and psychiatric care. For part-time employment, the duration is extended accordingly. Each student must acquire broad

clinical and psychotherapeutic knowledge with clients or patients about various psychological disorders.

- <sup>2</sup> In program E clinical work has must be carried out in an inpatient or outpatient psychiatric or, if need be, a psychosomatic institution for adults.
- <sup>3</sup> In program K clinical work must be carried out in an inpatient or outpatient primary psychosocial care facility for children or adolescents.
- <sup>4</sup> In program C students should acquire clinical experience with both adults and children/adolescents. The clinical work should be balanced between the work with adults and the work with children/adolescents (or vice versa) with a ratio of at least 40:60.
- <sup>5</sup> Prior to the start of work in a clinic or institution it is necessary to clarify with the Director of Studies, whether and to what extent the planned clinical work can be credited. The Director of Studies checks the category of the institution and creates a plan with the student so that a variety of clinical disorders can be worked on during the two-year clinical practice.
- <sup>6</sup> It may be necessary to include a leave of absence.
- <sup>7</sup> Students must present the employer's reference letter from the supervisor to the C.G. Jung Institute.
- <sup>8</sup> Clinical practice is generally considered to be case-responsible employment (psychology or medicine) under the guidance of a psychologist.
- <sup>9</sup> Students should take part in internal events of the institution such as supervision and team meetings. This counts as working time, but not as the supervision required as part of the casework. This must be done by supervisors accredited by the C.G. Jung Institute with Federal recognition. It should be noted that these accredited supervisors may not also be employers.
- <sup>10</sup> It should be noted that the 2-year clinical practice required during the studies is not sufficient for the Cantonal Practice Permit for an Activity reimbursed by the Mandatory Health Care Insurance (OKP). According to the so-called prescription model for a practice permit at the expense of the OKP, every Federally Recognized Psychotherapist must prove a total of 3 years of clinical practice activity at 100%.

Thus, every Psychotherapist Federally recognized must be employed for one additional clinical year during or after the diploma studies in an institution of continuing education category A, B or C if he intends to establish his own practice.

To establish one's own practice after the Diploma it is advisable to already complete this additional one clinical year in an institution of the continuing education category A, B or C during the diploma studies.

#### e. Private study

#### Art. 24:

Private study

Core of the self-study is the engagement with the standard works of Analytical Psychology and associated further literature. Literature for private study can be chosen at will and according to one's own preference. Suggestions are offered by the instructors, training analysts, examiners and supervisors. A literature list is available for every examination subject.

#### 6. Supervised psychotherapeutic work with patients (Casework)

#### Art. 25:

General conditions

- <sup>1</sup> All therapies with patients carried out by diploma candidates within the framework of their training is subject to regular supervision by accredited, supervisors Federally recognized of the C.G. Jung Institute. This supervision accompanies the entire duration of the respective psychotherapy.
- <sup>2</sup> At any time, supervisors can request a written report about the work with patients.
- <sup>3</sup> One supervisor is responsible for each therapeutic case; they must be informed about this responsibility as well as the identification number of the associated case. Parallel supervision is only permitted with the consent of the main supervisor.
- <sup>4</sup> Before beginning casework, the "Regulations on Case Work" are to be studied and agreement to the contents confirmed.
- <sup>5</sup> Student's psychotherapeutic work with their patients using telephone or other electronic aids (fax, e-mail, internet, etc.) is possible in accordance with the respective legal provisions of the Federal Office of Public Health.

#### Art 26:

Casework

<sup>1</sup> According to the "Swiss law of Psychology Professions" (PsyG April 1, 2013), at least 10 patients must be worked with and a total of at least 500 hours of casework must be proven.

Evidence must be provided for one long-term case of at least 60 sessions in the adults program E, two cases of at least 30 sessions in the children/adolescents program K, and two long-term cases in the combined program C. In the combined program C, there must be work with one adult case of at least 60 sessions and one case with a child/adolescent of at least 30 sessions.

<sup>2</sup> At the beginning and the end of therapy the students evaluate the 10 psychotherapies on which the case reports are based using the standardized procedures HoNOS and BSCL (SDQ until age of 16. The results

of these evaluations help the student to reflect on the strengths and weaknesses of the psychotherapeutic procedure and process in the context of supervision.

- <sup>3</sup> Casework should be undertaken with both, male and female patients.
- <sup>4</sup> Cases of less than 5 hours cannot be credited.
- <sup>5</sup> The supervision takes place in a total of 150 supervision sessions.
- <sup>6</sup> A current or former training analyst of the student may not be chosen as a supervisor. Furthermore, members of the student's Admissions Committee cannot be chosen neither as individual supervisors, nor as group supervisors.

#### Art. 27:

## Individual supervision

- <sup>1</sup> At least 50 sessions of individual supervision must be completed with at least two Swiss supervisors Federally recognized. An individual supervision session lasts 45 minutes.
- <sup>2</sup> In program C the ratio of the individual supervision sessions for adult cases to children/adolescent cases should be as much in balance as possible (at least 40:60).

#### Art. 28

#### Group supervision

- <sup>1</sup> At least 70 sessions must be done in a group supervision setting. Neither a current nor former training analyst of the student, nor a current or former member of the student's personal Admissions Committee can be chosen as group supervisor.
- <sup>2</sup> Group supervision in the program E and K must be taken in at least 2, and in program C in at least 3 on-going supervision groups with 2 respectively 3 different supervisors.
- <sup>3</sup> At least 5 sessions in a row must be attended in each group.
- <sup>4</sup> One group supervision session lasts 90 minutes.
- <sup>5</sup> In program C the amount of group supervision sessions of adult cases compared to those of children/adolescents should be kept at a ratio of at least 40:60.
- <sup>6</sup> Each student must present at least three cases.
- <sup>7</sup> Leaders of group supervision do not evaluate the candidate but confirm their participation in the sessions to the Administration of Studies. However, the Admissions Committee must be informed of any concerns in students that may affect their suitability as psychotherapists. If such concerns are reported, the student must be informed.

#### Art. 29:

Assessment by the supervisors

- <sup>1</sup> One year after the start of the casework, and prior to the site interviews, students should ask each of their individual supervisors to submit their assessments of the casework for the attention of the Admissions Committee.
- <sup>2</sup> The second and final assessment of the casework (final report) by the supervisors must be available at the end of the studies, before the exam conference at which the diploma is decided about.
- <sup>3</sup> The relevant forms are available on the website and should be submitted by the student to the supervisors concerned.

#### 7. Casework and supervision abroad

#### Art 30:

External individual supervision and group supervision

- <sup>1</sup> Students from abroad can receive permission to carry out their treatment hours abroad outside of Switzerland and to have a part of their casework supervised abroad.
- <sup>2</sup> Individual supervisions abroad must take place in a manner approved by the C.G. Jung Institute. Students can submit a request that the Director of Studies recognizes an external supervisor in the country where they are working. The condition for the recognition of an external supervisor is the equivalence of their qualifications with the Swiss State requirements. A maximum of 30 percent of individual supervision can be external.
- <sup>3</sup> A total of 70 percent of the individual supervision must take place with supervisors accredited at the C.G. Jung Institute.
- <sup>4</sup> The group supervisions must be with accredited and Federally recognized supervisors of the C.G. Jung-Institute Zurich entirely.

#### 8. Case reports

#### Art. 31:

Case reports

- <sup>1</sup> The C.G. Jung Institute is subject to a documentation obligation covering all the psychotherapies that are conducted as part of the training program.
- <sup>2</sup> For this reason, a written report is required for each treatment case. In both the adults program E and children/adolescents programs K, detailed reports (10 to 20 pages each) of two cases, and short reports (2 to 3 pages each) for all other cases are required. In the combined program C, four detailed reports are required: two of adult cases and two of child/adolescent cases. For the remaining cases, short reports (2 to 3 pages each) are required.

<sup>3</sup> The cover page of the case report contains the following information:

Diploma candidate: name and first name

Information about the client:

Case number, year of birth, gender, civil status,

children (school class), occupation

Date of the beginning and ending of the case

Number of case hours with the client Supervisor: name and first name

Number of supervision hours

#### <sup>4</sup> The long case report:

Two detailed case reports must be submitted in each of Programs E and K, and four in Program C.

#### Long case report

#### Structure:

#### 1) Reason for registration

- Referral or registration on own initiative
- Ailments, triggering situation

#### 2) Personal history and anamnesis

- Family history: origin, fate, diseases in the family.
- Personal history: early childhood, siblings, relationships in the family and with peers, formative experiences, complex episodes and conflicts, educational and professional development, somatic diseases. Resources. Coping with transitions, peer group, sexual development, partnerships, marriage.
- Subjective distress and current life situation, previous therapies, possibly history from others.

#### 3) First impressions

How I perceive the patient. Contradictions in appearance and behavior. Countertransference: feelings, fantasies, internal images.

- 4) Objective findings: psychostatus, HoNOS, HoNOSCA, BSCL (SDQ until age of 16), assessment of defense mechanisms, relationship behavior, expectations. Development of a psychotherapy setting.
- 5) Reflections on the complex diagnosis according to Jung and Psychodynamics
- 6) Clinical diagnosis according to ICD 10/11 or DSM 5
- 7) Medication
- 8) **Course of psychotherapy**: Which topics does the patient bring to psychotherapy, which not? What is changing, what does not? What

does this mean? Description of the course on the external and on the internal level according to the following points:

- a) Considering and analyzing the central symbols and symbolic material in dreams, pictures, sandplay, etc.
- b) With special consideration of the transference and countertransference process. Observation of one's own reactions.
- c) Considering the development of the complex and including the Word-Association Test.
- d) Turnaround points during psychotherapy. Has it been possible to translate acquired insights into reality?
- e) Reflections on self-regulation of the psyche and prospective aspects of the process. Potential for development.
- 9) Further treatment design and prognosis

#### <sup>5</sup> Short case report

Short case report

In each of Programs E and K, eight short case reports must be submitted. Six short case reports must be submitted in Program C. The short case report consists of 2 to 3 pages.

#### Structure:

It is advisable to write the short case report according to the same structure as the long case report, but to tighten it up a lot and to limit yourself to one focus (see below).

**Specified components** of the short case report (for explanations, see the description of the large case report above):

- 1. Reason for registration.
- Personal history and anamnesis family anamnesis, personal anamnesis, subjective sufferings and current situation, possibly external medical history, physical diseases.
- 3. First impressions.
- 4. **Objective findings**: psychostatus (incl. score of HoNOS, HoNOSCA, BSCL (SDQ until age of 16), assessment of defense mechanisms, psychotherapy setting.
- Complex diagnosis according to Jung.
- 6. Clinical diagnosis according to ICD 10/11 or DSM 5.
- Medication.
- 8. **Course of psychotherapy**: with a self-selected focus: e.g. psychodynamics and/or dreaming and/or imagery and/or sandplay with consideration of transference and countertransference.
- 9. Further treatment design and prognosis.

#### 1. Reading

<sup>6</sup> One year after starting the casework, the student writes the first long case report and one short case report for the attention of the reader selected by the Directorate of Studies. Readers of the case reports can be both accredited Supervisor Candidates (LAS\*, AKJS\*) as well as Supervisors (LAS, AKJS). They provide feedback on the strengths and weaknesses of the report in an oral interview usually lasting one hour. The student takes this advice into account when writing the rest of the reports. Readers have the right to request changes or to reject the reports.

<sup>7</sup>The reading is free of charge. The reader sends an evaluation form to the Administration of Studies.

#### Art. 32:

Applying for the diploma examinations: two long case reports remaining case reports
2. Reading

- <sup>1</sup> When registering for the diploma examinations, a copy of each of the two long case reports must be handed in to the Administration of Studies.
- <sup>2</sup> In addition, the student submits a copy of each of the two long case reports to the main examiner of the "Individual Case Examination" at least 6 weeks before the exam takes place. Note that the first long case report written one year after the intermediate exams, must be updated before submission to reflect the current status. One of these two long case reports will be selected for the examination. As soon as the examiner has made this selection, the student sends a copy of that case report to each of the two co-examiners.
- <sup>3</sup> These and the remaining eight (for the Program E and K) or six (for the Program C) short case reports must be submitted to the reader at least 3 months before the examination conference at which the decision on the diploma is to be made. The reader then conducts a further one hour discussion with the student about the case reports.
- <sup>4</sup>The two meetings with the reader are mandatory and free of charge.

#### 9. Examinations

#### Art 33:

General conditions, deadlines

<sup>1</sup> The Intermediate and Diploma Examinations take place twice a year. The precise dates of the examination periods as well as the registration dates and other dates related to the exams are published on the website under "Semester Dates" (www.junginstitut.ch).

Exam regulations

- <sup>2</sup> For each examination subject there is an overview of the necessary knowledge as well as a literature list giving the publications relevant to that field of study. This is found in the "Exam Regulations Curriculum for Analytical Psychotherapy", published on the website.
- <sup>3</sup> In order to take exams you must be registered in the respective semester.

- <sup>4</sup> Exams can be taken in German and English.
- <sup>5</sup> Students register for the exams by filling out the corresponding application form and submitting it to the Administration of Studies together with all the necessary documents listed on the form, and by payment of the examination fees (a fee table is available from the Administration of Studies and is found on the website). Applications submitted after the registration deadline cannot be accepted.
- <sup>6</sup> The Intermediate and Diploma Exams must each be completed within three consecutive semesters.
- <sup>7</sup> If someone withdraws from the examinations after the registration deadline is passed, a fee of 100 CHF is to be paid for the examination postponement.

#### Art. 34:

## Main examiners and co-examiners

- <sup>1</sup> "Main examiners" are lecturers and instructors Federally recognized, appointed by the Institute according to the "List of Examiners for the Curriculum in Analytical Psychology" (published on the website). Each student is free to choose their main examiners. A main examiner can be chosen for one subject of the Intermediate Exams and for another subject of the Diploma Examinations.
- <sup>2</sup> Taking exams with a current or former training analyst or with a member of the student's Admissions Committee is not permissible.
- <sup>3</sup> Before registering for the examination, the student contacts their chosen main examiner to ensure their availablity for the examination period in question. Once a main examiner has been chosen and registered with the Administration of Studies, no change can be made.
- <sup>4</sup> For each exam, the Director of Studies will appoint a co-examiner for every main examiner, and two co-examiners for the "Individual Case Examination".

#### Art. 35:

<sup>1</sup> The examination performance is graded as follows:

#### Assesment

- "Exceptional" (1), "good" (2), "sufficient" (3), "insufficient" (4). Half grades can be given, but any grade more than 3 is considered "insufficient". The "Individual Case Examination" is not assigned grades but is assessed as either "passed" or "not passed".
- <sup>2</sup> If an examination is not passed, it can be repeated during the next examination period. The repeat examination will be given by the same main examiner and co-examiner; an additional co-examiner, however, will also be present. In case of repetition of the Diploma Exam "Individual"

Case Examination", the main-examiner and the two co-examiners remain the same.

- <sup>3</sup> Each exam can be repeated twice.
- <sup>4</sup> When examinations are repeated, the associated fees are to be paid again.

#### Art. 36:

#### **Examination waivers**

<sup>1</sup> Examination waivers are not possible.

#### 10. Graduation

#### Art. 37:

#### Graduation

- <sup>1</sup> The diploma is awarded when the prerequisites according to this curriculum have been met, when the financial requirements of the Institute have been settled, and when the Admissions Committee has given their formal consent. The committee members base their assessment on all the available documents, not only the examination results but also the opinions of the examiners, the final reports of the supervisors, the assessments of the case reports as well as the personal impressions of the Admissions Committee.
- <sup>2</sup> On receiving their diploma, and according to art. 38 of the Swiss Law for Psychology Professions(PsyG), graduates of the Institute practicing in Switzerland are entered in the Professional Register of the Federal Department of Home Affairs (EDI).

#### 11. Evaluation

#### Art. 38:

<sup>1</sup> The mastery of the subject matter, the practical skills and the suitability of the students are evaluated by:

- Evaluation of the students, the instructors as well as the study offer
- The passing of examinations
- The evaluation of seminar papers that are assigned
- The evaluation of the casework by the supervisors
- The evaluation of the casework by the readers
- The assessment of personal suitability for the profession of psychotherapist by the Admissions Committee
- <sup>2</sup> The instructors have practical and teaching experience; they are obliged to undergo continuing education in their specialist area. All accredited supervisors have completed further training in supervision.
- <sup>3</sup> The Director of Studies is responsible for evaluation of the Curriculum of Analytical Psychotherapy, as well as for the data collection for the

evaluation of the study program itself. Selected lectures and seminars as well as the semester as a whole are evaluated by the students in writing. The feedback is reported back to the instructors and the Director of Programs and where necessary, adjustments are made to the program offer. At the end of each semester, the Director of Studies invites the student representatives to discuss the evaluation of the past semester program.

<sup>4</sup> Two years after graduation, a survey of the graduates takes place. The results are fed back to the trainers and the Director of Programs in order to initiate necessary adjustments.

<sup>5</sup> The Academic Department Heads regularly evaluate the training and examination contents to make any necessary adjustments that have become necessary and to update the literature lists.

<sup>6</sup> All evaluation documents are archived for ten years.

#### 12. Acknowledgement of previous training and work

#### Art. 39:

#### Previous work

- <sup>1</sup> As a general rule, self-experience sessions and clinical work carried out before the start of the training program cannot be recognised.
- <sup>2</sup> Other previous work such as, for example, patient treatment before case eligibility has been formally granted, cannot be recognised either.

#### 13. Right of Appeal

#### Art. 40:

#### Right of appeal

- <sup>1</sup> Pursuant to Art 44 PsyG, appeals are admissible against the following rulings:
- of the Admissions Committee regarding admission to studies and all other decisions.
- of the Directorate of Studies regarding eligibility of educational achievements and training periods.
- of the main examiner regarding decisions of passing examinations.

#### Art. 41:

#### **Appeals Commission**

<sup>1</sup> The Assembly of the Accredited shall elect two permanent chairpersons for the Appeals Commission.

<sup>2</sup> The two permanent chairpersons shall decide who is responsible for a pending case. The latter shall form an Ad Hoc Appeals Commission by promptly electing two independent, accredited analysts/psychotherapists as assessors.

<sup>&</sup>lt;sup>2</sup> An appeal against the grading of exams however, cannot be submitted.

- <sup>3</sup> The two permanent chairpersons as well as the members of the Ad-Hoc Appeals Commission have the necessary expertise to assess the appeals. The Appeals Commission is entitled to involve external consultants and experts.
- <sup>4</sup> The two permanent chairpersons and the members of the Ad Hoc Appeals Commission must not be involved in the management and decision-making structures of the Institute and may not be related to each other by blood or marriage.

#### Art. 42:

#### Appeal's procedure

- <sup>1</sup> The appeal must be submitted to the Directorate of Studies in writing within 20 days of the decision being issued and must including a brief statement of the grounds for the appeal.
- <sup>2</sup>The Appeals Commission shall constitute itself within 10 days of receipt of the appeal. The names of the members of the commission shall be notified to the appellant.
- <sup>3</sup> Within 10 days of receipt of this notification, the appellant may object to one or more members of the commission on the grounds of bias. The Directorate of Studies shall decide within 5 days whether to accept or reject the objection of bias and, if the objection is accepted, shall replace the rejected member(s).
- <sup>4</sup> As a rule, the appeal process shall be conducted in writing. However, the chairpersons or the Appeals Committee may order an oral hearing in justified cases if there is a prospect of agreement.
- <sup>5</sup> The decision or the text of the agreement by amicable settlement, shall be sent to the appellant in writing. The decision is final; there is no right of appeal against the decision.
- <sup>6</sup> If the appellant is unsuccessful, he shall pay a fee commensurate with the costs of the proceedings.

#### 14. Office of the Ombudsman

#### Art. 43:

## Office of the ombudsman

- <sup>1</sup> For cases of conflict and complaints that are not subject to appeal, the C.G. Jung-Institute Zurich shall maintain ombudsman's office as the first point of contact. Students, analysts, accredited persons, and staff of the Institute may turn to it.
- <sup>2</sup> Those seeking advice are free to choose which of the two ombudspersons they wish to contact.
- <sup>3</sup> Further information can be found in the Code of Ethics of the C.G Jung Institute Zurich, Küsnacht.

<sup>&</sup>lt;sup>7</sup> No compensation shall be awarded to the parties.

#### 15. Ethics Committee

#### Art. 44:

#### Ethics committee

- <sup>1</sup>The Ethics Committee is basically responsible for verifying professional ethics guidelines as they are determined by the Code of Ethics of the C.G. Jung Institute Zurich, Küsnacht.
- <sup>2</sup> Competence and procedures in stand affairs are regulated in the rules of procedure of the Ethics Committee.
- <sup>3</sup> Before engaging the Ethics Committee, the ombudsman's office must be called.
- <sup>4</sup> Further information can be taken from the Code of Ethics of the C.G Jung Institute Zurich, Küsnacht.

#### D. THEORY: KNOWLEDGE AND SKILLS

The knowledge required by the Swiss Federal Law on Psychology Professions is offered in four modules. The subjects offered are taught in lectures and seminars.

The basic subjects are taken prior to the intermediate exam I. The advanced subjects are taken after appointment as a diploma candidate with the granting of the case authorization.

It is necessary to have attended the mandatory basic or advanced subjects before the end of the exam periods for the intermediate and diploma exams respectively and to provide evidence of the minimum number of credits required (one credit corresponds to a teaching unit of 45 minutes).

#### 1. Knowledge and skills in the adults program (E)

a. <u>Training in the first part of study</u>
(before appointment as a diploma candidate)

Students must have acquired at least 125 credits in the basic subjects before the end of the intermediate examination I:

Mandatory basic subjects until the end of the intermediate examination I period

10 credits
6 credits
4 credits
10 credits
10 credits
20 credits
4 credits
20 credits
8 credits
8 credits

Besides the 100 credits required in these mandatory subjects, the additional 25 credits of theory can be gained freely according to one's interests from all basic subjects.

#### b. <u>Intermediate Exams</u>

#### Intermediate Exam I

#### Prerequisite for admission to the Intermediate Exam I

Proof of at least 60 credits in the basic subjects.

The Intermediate Exam I can be taken in the 2nd semester of study at the earliest.

The following subject will be orally examined in Program E in the intermediate exam I:

Fundamentals of Analytical Psychology

By the end of the examination period, 125 credits in the basic subjects must be proven.

#### Case authorization

#### Case authorization

After passing the Intermediate Exam I and demonstrating 125 credits in the basic subjects, the Administration of Studies grants casework authorization and appointment to diploma candidacy on behalf of the Director of Studies.

#### Intermediate Exams II

#### Requirement for admission to the Intermediate Exams II

- Passing of the Intermediate Exam I
- Acceptance of the seminar paper by the supervisor

The following two subjects will be orally examined in Program E in the intermediate examinations II:

- Dreams in Adults from the Perspective of Depth Psychology
- Myths and Fairy Tales from the Perspective of Depth Psychology

The Intermediate Exams II can be taken at the earliest in the semester following the intermediate examination I (thus at the earliest in the 3rd semester). They must be taken no later than 2 semesters after passing the intermediate examination I.

#### Site Interviews

#### 1 year after beginning casework: Site Interviews

Students obtain the supervisors's initial assessment of their supervision as well as the first evaluation of the reader and schedule one-on-one interviews with each of their three assigned Admissions Committee members, known as "Site Interviews."

These interviews are chargeable.

Students receive written feedback from the Administration of Studies on the assessment of their personal development and suitability as a psychotherapist.

## c. <u>Training in the second part of the studies</u> (after appointment as a diploma candidate)

Students must have acquired at least 375 credits in the basic and advancedsubjects before the end of the Diploma Examinations, of which at least 250 credits have to be from the following mandatory advanced subjects:

Advanced subjects until the end of the diploma examinations

PD5 Examination-Seminar Word-Association Test	6 credits
PS1 Depth Psychology Disorder Concepts	20 credits
PS2 Clinical Psychiatry	10 credits
PP1 Fundamentals of Psychotherapeutic Practice	20 credits
PP2 Psychotherapeutic Practice in Analytical Psychology	40 credits
PP4 Findings in Psychotherapy Research and their Implications for Practice	10 credits
PP5 Basics of other Psychotherapeutic Approaches and Methods	10 credits
PP7 The Psychotherapeutic Setting and Frameworks	4 credits
AP3 Clinical Work with Dreams in Adults	20 credits
AP5 Clinical Work with Myths and Fairy Tales	20 credits
AP6 The Understanding of Pictures in Adults from the Perspective of Depth Psychology and Clinical Practice	10 credits
AP7 The Understanding of Sandplay in Adults from the Perspective of Depth Psychology and Clinical Practice	10 credits
AP8 Imagination Techniques in Clinical Practice	10 credits
AP9 The Individuation-Process and its Symbols	10 credits
KJP2 Psychotherapeutic Practice in Analytical Psychology with Children and Adolescents	10 credits
E1 Religious Studies and Spirituality	10 credits
E2 Cultural Anthropology	10 credits
E3 Critical Discussion of Socio-Political Issues	10 credits
E4 Existential Questions of our Common Humanity	10 credits

In addition to the 250 credits required in these subjects, 125 additional credits be gained freely according to one's interests from all subjects.

### d. <u>Diploma examinations</u>

Diploma Interview immediately after the Individual Case Examination As soon as the student is informed about the date of the "Individual case examination", he/she arranges an individual interview with the coordinator, i.e. the respective leading person of the members of the Admissions Committee assigned to him/her. After this so-called "diploma interview" and after consultation of the coordinator with the two other members, a joint decision is made by the three members on the personal suitability of the student for the profession of psychotherapist. Should doubts arise, the Admissions Committee reserves the right to invite the student to two further interviews at a charge.

The individual Admissions Committee guarantees that the diploma interview and the assessment of the student's personal suitability for the profession of psychotherapist will take place in good time before the exam conference.

For the diploma interview, the assessment of the "Individual case examination" must be available. Therefore, it is recommended to start the diploma examinations with the "Individual case examination".

The Administration of Studies informs the student of the decision of the Admissions Committee.

This interview is chargeable.

### Diploma Examinations

### Requirements for admission to the Diploma Examinations:

- first written assessment of the casework by the respective supervisors
- first report of the reader
- Acceptance by the seminar leader of the written Word-Association
   Test of a patient
- Two detailed (long) case reports
- Eight short case reports must be submitted no later than three months before the last Exams Conference prior to graduation.

The 2 oral diploma examinations and the written diploma exam can be taken either as a whole during a single exam period or in two parts. In the latter case, the division of the subjects can be freely chosen. The diploma exams can be taken in the 7th study semester at the earliest.

In Program E for the diploma the following two subjects are examined orally:

 Individual Case Examination of an Adult including the Understanding of Dreams from the Perspective of Depth Psychology.  The Understanding of Pictures or Sandplay Processes in Adults from the Perspective of Depth Psychology and Clinical Practice.

In Program E for the diploma the following subject is examined in writing:

 Existential Questions and Societal Challenges and their Relevance for Psychotherapy

This can either take the form of as a 6-hour written exam or as a 40-page diploma-work followed by an oral discussion of approximately 40 minutes. The students can choose both the main-examiner and the co-examiner themselves.

### 2. Knowledge and skills in program (K)

a. <u>Training in the first part of the study before appointment as diploma candidate</u>

Students must have acquired at least 125 credits in the basic subjects before the end of the intermediate examination I:

Mandatory basic
subjects until the end
of the Intermediate
Examination I period

PD1 Basic Diagnostics	10 credits
PD2 Anamnesis in Children and Adolescents	10 credits
PD3 Projective Test Procedures	6 credits
PS1 Depth Psychology Disorder Concepts	10 credits
PP1 Fundamentals of Psychotherapeutic Practice	10 credits
PP3 Ethics, Professional Code of Conduct and	
Professional Duties	4 credits
AP1 Fundamentals of Analytical Psychology	20 credits
AP4 Myths and Fairy Tales from the Perspective of	
Depth Psychology	8 credits
KJP1 Comparative Developmental Psychology	4 credits
KJP2 Psychotherapeutic Practice in Analytical Psychotherapy	
with Children and Adolescents	10 credits
KJP3 Dreams in Children and Adolescents from the	
Perspective of Depth Psychology	8 credits

Besides the 100 credits required in these mandatory subjects, the additional 25 credits of theory can be gained freely according to one's interests from all subjects.

### b. <u>Intermediate Exams</u>

### Intermediate Exam I

### Prerequisite for admission to the Intermediate Exam I

Proof of at least 60 credits in the basic subjects.

The Intermediate Exam I can be taken in the 2nd semester of study at the earliest.

The following subject will be orally examined in Program K:

Fundamentals of Analytical Psychology

By the end of the examination period, 125 credits in the basic subjects must be proven.

### Case authorization

#### Case authorization

After passing the Intermediate Exam I and demonstrating 125 credits in the basic subjects, the Administration of Studies grants casework authorization and appointment to diploma candidacy on behalf of the Director of Studies.

### Intermediate Exams II

### Requirement for admission to the Intermediate Exams II

- · Passing of the Intermediate Exam I
- Acceptance of the seminar paper by the supervisor

The following two subjects will be orally examined in Program K in the intermediate examinations II:

- Dreams in Children and Adolescents from the Perspective of Depth Psychology
- Myths and Fairy Tales from the Perspective of Depth Psychology

The Intermediate Exams II can be taken at the earliest in the semester following the Intermediate Examination I (thus at the earliest in the 3rd semester). They must be taken no later than 2 semesters after passing the Intermediate Exam I.

### Site Interviews

### 1 year after beginning casework: Site Interviews.

Students obtain the supervisors's initial assessment of their supervision as well as the first evaluation of the reader and schedule one-on-one interviews with each of their three assigned Admissions Committee members, known as "Site Interviews."

These interviews are chargeable.

Students receive written feedback from the Administration of Studies on the assessment of their personal development and suitability as a psychotherapist.

# c. <u>Training in the second part of the studies</u> (after appointment as a diploma candidate)

Students must have acquired at least 375 credits in the basic and advanced subjects before the end of the Diploma Examinations, of which at least 250 credits have to be from the following mandatory advanced subjects:

Advanced subjects until the end of the Diploma Examinations

PS1 Depth Psychology Disorder Concepts	10 credits
PP1 Fundamentals of Psychotherapeutic practice	20 credits
PP2 Psychotherapeutic Practice in Analytical Psychology	10 credits
PP4 Findings in Psychotherapy Research and their Implication for Practice	ns 10 credits
PP5 Basics of other Psychotherapeutic Approaches and Methods	10 credits
PP7 The Psychotherapeutic Setting and Frameworks	4 credits
AP5 Clinical Work with Myths and Fairy Tales	20 credits
KJP2 The Psychotherapeutic Practice in Analytical Psychology with Children and Adolescents	/ 40 credits
KJP4 Clinical Work with Dreams in Children and Adolescents	20 credits
KJP5 The Understanding of Pictures in Children and Adolesce the Perspective of Depth Psychology and Clinical Practice	nts from 15 credits
KJP6 The Understanding of Sandplay in Children and Adolesc the Perspective of Depth Psychology and Clinical Practice	ents from 15 credits
. ,	
the Perspective of Depth Psychology and Clinical Practice	15 credits
the Perspective of Depth Psychology and Clinical Practice KJP7 Symbolism of Play in Children	15 credits 10 credits
the Perspective of Depth Psychology and Clinical Practice KJP7 Symbolism of Play in Children KJP8 Child and Adolescent Psychiatry	<ul><li>15 credits</li><li>10 credits</li><li>10 credits</li></ul>
the Perspective of Depth Psychology and Clinical Practice KJP7 Symbolism of Play in Children KJP8 Child and Adolescent Psychiatry KJP9 Introduction to Concepts of Family Therapy	<ul><li>15 credits</li><li>10 credits</li><li>10 credits</li><li>10 credits</li></ul>
the Perspective of Depth Psychology and Clinical Practice KJP7 Symbolism of Play in Children KJP8 Child and Adolescent Psychiatry KJP9 Introduction to Concepts of Family Therapy KJP11 Parent Work and Parent Support	<ul><li>15 credits</li><li>10 credits</li><li>10 credits</li><li>10 credits</li><li>6 credits</li></ul>
the Perspective of Depth Psychology and Clinical Practice KJP7 Symbolism of Play in Children KJP8 Child and Adolescent Psychiatry KJP9 Introduction to Concepts of Family Therapy KJP11 Parent Work and Parent Support E1 Religious Studies and Spirituality	15 credits 10 credits 10 credits 10 credits 6 credits 10 credits
the Perspective of Depth Psychology and Clinical Practice KJP7 Symbolism of Play in Children KJP8 Child and Adolescent Psychiatry KJP9 Introduction to Concepts of Family Therapy KJP11 Parent Work and Parent Support E1 Religious Studies and Spirituality E2 Cultural Anthropology	15 credits 10 credits 10 credits 10 credits 6 credits 10 credits 10 credits

In addition to the 250 credits required in these subjects, 125 additional credits can be gained freely according to one's interests from all subjects.

### d. Diploma examinations

Diploma Interview immediately after the Individual Case Examination

### **Diploma Interview with the Admissions Committee**

As soon as the student is informed about the date of the "Individual case examination", he/she arranges an individual interview with the coordinator, i.e. the respective leading person of the members of the Admissions Committee assigned to him/her. After this so-called "diploma interview" and after consultation of the coordinator with the two other members, a joint decision is made by the three members on the personal suitability of the student for the profession of psychotherapist. Should doubts arise, the Admissions Committee reserves the right to invite the student to two further interviews at a charge.

The individual Admissions Committee guarantees that the diploma interview and the assessment of the student's personal suitability for the profession of psychotherapist will take place in good time before the exam conference.

For the diploma interview, the assessment of the "Individual case examination" must be available. Therefore, it is recommended to start the diploma examinations with the "Individual case examination".

The Administration of Studies informs the student of the decision of the Admissions Committee.

This interview is chargeable.

### Diploma

### Examinations

### Requirements for admission to the Diploma Examinations are:

- first written assessment of the casework by the respective supervisors
- first report of the reader
- The seminar paper on a projective test accepted by the advisor
- either: the anamnesis report accepted by the advisor
   or: the seminar paper on family interaction accepted by the advisor
- Two detailed case reports
- Eight short case reports must be submitted no later than 3 months before the last Exams's Conference prior to graduation.

The 2 oral Diploma Examinations and the written Diploma Exam can be taken either as a whole during a single exam period or in two parts. In the latter case, the division of the subjects can be chosen freely. The Diploma Exams can be taken in the 7th study semester at the earliest.

In Program K for the diploma the following two subjects are examined orally:

 Individual Case Examination of a Child or Adolescent including the Understanding of Dreams from the Perspective of Depth Psychology.  The Understanding of Pictures or Sandplay Processes in Children or Adolescents and Clinical Practice.

In Program K for the diploma the following subject is examined in writing:

• Existential Questions and Societal Challenges and their Relevance for Psychotherapy.

This can either take the form of as a 6-hour written exam or as a 40-page diploma-work followed by an oral discussion of approximately 40 minutes. The students can choose both the main-examiner and the co-examiner themselves.

### 3. Knowledge and skills in the combined program (C)

a. <u>Training in the first part of the study</u> (before appointment as diploma candidate)

PD1 Basic Diagnostics

Students must have acquired at least 125 credits in the basic subjects before the end of the Intermediate Exam I:

Mandatory basic
subjects until the end
of the Intermediate
Examination I period

PD2 Anamnesis in Children and Adolescents	10 credits
PD3 Projective Test Procedures	6 credits
PD4 Introduction to the Word-Association Test	4 credits
PS1 Depth Psychology Disorder Concepts	10 credits
PP1 Fundamentals of the Psychotherapeutic Practice	10 credits
PP2 Psychotherapeutic Practice in Analytical Psychology	10 credits
PP3 Ethics, Professional Code of Conduct and	
Professional Duties	4 credits
AP1 Fundamentals of Analytical Psychology	10 credits
AP2 Dreams in Adults from the Perspective	
of Depth Psychology	8 credits
AP4 Myths and Fairy Tales from the Perspective	
of Depth Psychology	8 credits
KJP1 Comparative Developmental Psychology	4 credits
KJP2 The Psychotherapeutic Practice in Analytical	
Psychotherapy with Children and Adolescents	10 credits
KJP3 Dreams in Children and Adolescents from the	
Perspective of Depth Psychology	6 credits

Besides the 110 credits required in these mandatory subjects, the additional 25 credits of theory can be gained freely according to one's interests from all subjects.

10 credits

### b. Intermediate Examinations

#### Intermediate Exam I

### Prerequisite for admission to the Intermediate Exam I

Proof of at least 60 credits in the basic subjects

The Intermediate Exam I can be taken in the 2nd semester of study at the earliest.

The following subject will be examined orally in Program C:

Fundamentals of Analytical Psychology

By the end of the examination period, 125 credits in the basic subjects must be proven.

#### Case authorization

### **Case authorization**

After passing the Intermediate Exam I and demonstrating 125 credits in the basic subjects, the Administration of Studies grants casework authorization and appointment to diploma candidacy on behalf of the Director of Studies.

### Intermediate Exams II

### Requirement for admission to the Intermediate Exams II

- passing of the Intermediate Exam I
- the seminar paper accepted by the advisor

In Program C the following two subjects will be orally examined in the Intermediate Exams II:

- either: Dreams in Adults from the Perspective of Depth Psychology or: Dreams in Children or Adolescents from the Perspective of Depth Psychology
- Myths and Fairy Tales from the Perspective of Depth Psychology

The Intermediate Exams II can be taken at the earliest in the semester following the Intermediate Exam I (thus at the earliest in the 3rd semester). They must be taken no later than 2 semesters after passing the Intermediate Exam I.

### Site Interviews

### 1 year after beginning casework: Site Interviews.

Students obtain the supervisors's initial assessment of their supervision and schedule one-on-one interviews with each of their three assigned Admissions Committee members, known as "Site Interviews." These interviews are chargeable.

Students receive written feedback from the Administration of Studies on the assessment of their personal development and suitability as a psychotherapist.

# c. <u>Training in the second part of the studies</u> (after appointment as a diploma candidate)

Students must have acquired at least 375 credits in the basic and advanced subjects before the end of the Diploma Examinations, of which at least 256 credits have to be from the following mandatory advanced subjects:

Advanced subjects until the end of the Diploma Examinations

PD5 Examination-Seminar Word-Association Test	6 credits
PS1 Depth Psychology Disorder Concepts	10 credits
PS2 Clinical Psychiatry	10 credits
PP1 Fundamentals of Psychotherapeutic Practice	10 credits
PP2 Psychotherapeutic Practice in Analytical Psychology	20 credits
PP4 Findings of Psychotherapy Research and their Implications for Practice	10 credits
PP5 Basics of other Psychotherapeutic Approaches and Methods	10 credits
PP7 The Psychotherapeutic Setting and Frameworks	4 credits
AP3 Clinical Work with Dreams in Adults	10 credits
AP5 Clinical Work with Myths and Fairy Tales	10 credits
AP6 The Understanding of Pictures in Adults from the Perspec	tive
of Depth Psychology and Clinical Practice	10 credits
AP8 Imagination Techniques in Clinical Practice	10 credits
AP9 The Individuation-Process and its Symbols	10 credits
KJP2 Psychotherapeutic Practice in Analytical Psychology with Children and Adolescents	20 credits
KJP4 Clinical Work with Dreams in Children and Adolescents	10 credits
KJP5 The Understanding of Pictures in Children and Adolesce	nts from
the Perspective of Depth Psychology	10 credits
KJP6 The Understanding of Sandplay in Children and Adolesc	
from the Perspective of Depth Psychology	10 credits
KJP7 Symbolism of Play in Children	10 credits
KJP8 Child and Adolescent Psychiatry	10 credits
KJP9 Introduction to Concepts of Family Therapy	10 credits
KJP11 Parent Work and Parent Support	6 credits
E1 Religious Studies and Spirituality	10 credits
E2 Cultural Anthropology	10 credits
E3 Critical Discussion of Socio-Political Issues	10 credits
E4 Existential Questions of our Common Humanity	10 credits

In addition to the 256 credits required in these subjects, 119 additional credits can be gained freely according to one's interests from all subjects.

### d. Diploma Examinations

Diploma Interview immediately after the Individual Case Examination As soon as the student is informed about the date of the "Individual case examination", he/she arranges an individual interview with the coordinator, i.e. the respective leading person of the members of the Admissions Committee assigned to him/her. After this so-called "diploma interview" and after consultation of the coordinator with the two other members, a joint decision is made by the three members on the personal suitability of the student for the profession of psychotherapist. Should doubts arise, the Admissions Committee reserves the right to invite the student to two further interviews at a charge.

The individual Admissions Committee guarantees that the diploma interview and the assessment of the student's personal suitability for the profession of psychotherapist will take place in good time before the exam conference.

For the diploma interview, the assessment of the "Individual case examination" must be available. Therefore, it is recommended to start the diploma examinations with the "Individual case examination".

The Administration of Studies informs the student of the decision of the Admissions Committee.

This interview is chargeable.

### Diploma Examinations

### Requirements for admission to the Diploma Examinations:

- first written assessment of the casework by the respective supervisors
- first report of the reader
- either: the formulated text of the Word-Association Test of a patient accepted by the seminar leader
  - or: the seminar paper on a projective test accepted by the advisor
- either: the anamnesis report accepted by the supervisor or: the seminar paper on family interaction accepted by the supervisor
- two detailed case reports on adults
- two detailed case reports on children/adolescents
- Six short case reports must be handed in at least 3 months before the last exam conference prior to the graduation.

The 3 oral Diploma Exams and the written Diploma Exam can be taken either as a whole during a single exam period or in two parts. In the latter case, the division of the subjects can be chosen freely. The Diploma Exams can be taken in the 7th study semester at the earliest.

In program C for the diploma the following three subjects are examined orally:

- Individual Case Examination of an Adult including the Understanding of Dreams from the Perspective of Depth Psychology
- Individual Case Examination of a Child or Adolescent including the-Understanding of Dreams from the Perspective of Depth Psychology
- either: The Understanding of Pictures or Sandplay Processes in Adults from the Perspective of Depth Psychology and Clinical Practice
- or: The Understanding of Pictures or Sandplay Processes in Children or Adolescents from the Perspective of Depth Psychology and Clinical Practice

In Program C for the diploma the following subject is examined in writing:

 Existential Questions and Societal Challenges and their Relevance for Psychotherapy

This can either take the form of as a 6-hour written exam or as a 40-page diploma-work followed by an oral discussion of approximately 40 minutes. The students can choose both the main-examiner and the co-examiner themselves.

### 4. Modules and Subjects

### **Module: Psychotherapy**

### **Diagnostics**

Subject	PD1 Basic Diagnostics
Objective	PD1 Knowing and applying general diagnostic methods
Content	PD1 Taking the medical history (anamnesis) of adult patients including physical features, semi-structured initial interview, exploration, and psychopathological assessment (AMDP).
	Qualitative and quantitative, scientifically validated instruments of psychotherapy evaluation at client level, HoNOS, HoNOSCA, BSCL (SDQ until age of 16), PRISM-T.
	Recognized diagnostic classification systems (ICD und DSM).

Subject	PD2 Anamnesis in Children and Adolescents
Objective	PD2 Taking the medical history of a child or adolescent
Content	PD2 First encounter with the child/adolescent, establishing and consolidating the basis of trust, including the closest caregivers. In depth external anamnesis/self-anamnesis within the psychotherapy. Medical history (anamnesis) and diagnostic considerations; interpretation of the anamnesis from the perspective of Analytical Psychology. Therapeutic effect of the taking of the anamnesis survey.
	Taking into account the first impressions of the child/adolescent in their verbal and non-verbal behaviour.
	Consideration of the first impressions of the emotional circumstances and willingness to cooperate as well as the scope of cooperation of mother and father and caregivers. Attachment measures.
	Dealing with caregivers with mental disorders.

Subject	PD3 Projective Test Procedures
Objective	PD3 Learning about projective test procedures and how to use them
Content	PD3 Indication and diagnostic value of projective test procedures such as tree test, human figure drawing test, family in animals, sentence completion test, Schwarzfuss, CAT/TAT, Wartegg drawing completion test, Duess test, Sceno test.

Taking into consideration the first impressions (verbal and nonverbal) of the child/the adolescent.
Taking into consideration the first impressions of emotional circumstances and willingness to cooperate and scope of cooperation of father and mother. Dealing with caregivers with mental disorders.

Subject	PD4 Introduction to the Word-Association Test
Objective	PD4 Recognizing associations as a bridge to the complexes
Content	PD4 Historical origins and current position of Analytical Psychology within psychology on the basis of the Complex Theory. Complexes as structuring elements of the psyche. Biological foundations of the complex theory, taking into account new results of brain neuroscience. Relation to the theory of the Archetypes. Scientific relevance of the word-association test. Personal self-experience: Application of the word-association test on oneself.

Subject	PD5 Examination-Seminar for the Word-Association Test
Objective	PD5 Elaboration of a complex diagnosis
Content	PD5 Recognizing complex patterns with the help of the anamnesis. Recognizing complex episodes in the word-association test. Practical exercise. Evaluation of clinical material. Dynamics and diagnosis of complexes. Elaboration of the constellated complex-field.

### **Concepts of Clinical Disorder**

Subject	PS1 Depth Psychology Disorder Concepts
Objective	PS1 Understanding different concepts of Depth Psychology and of Psychodynamics.
Content	PS1 General Psychodynamics.  Jung's understanding of neurosis in comparison with Freud, Adler and later exponents of the Freudian school: Adler, Kohut, Spitz, Winnicott, Kernberg, Bowlby, Dornes, Stern, Mentzos et.al.  Convergences and divergences between the schools of Depth Psychology. Related relevance with current neuropsychology and psychoneuroimmunology.

Subject	PS2 Clinical Psychiatry
Objective	PS2 Clinical psychiatry in the psychotherapeutic practice.
Content	PS2 History of psychiatry, general psychiatric pathology, mental disorders. Understanding psychodynamics in comparison with the psychiatric diagnosis.
	International classification-systems, epidemiology of mental disorders.
	Emergency psychiatry and crisis intervention.
	General psychopharmacological psychotherapy (clinically relevant effects and side effects). Other biological treatments such as sleep deprivation, phototherapy, electroconvulsive therapy. Complementary medicine treatment methods. Therapeutic Products Act, Narcotics Law, Health Care Insurance Act, forced internment.
	Self-help groups, social-psychiatric institutions such as assisted living, 2nd labour market, sheltered workshops, retirement and nursing homes, assisted living for individuals with mental disabilities.

### **Psychotherapeutic Practice**

Subject	PP1 Fundamentals of Psychotherapeutic Practice
Objective	PP1 Learning to work psychotherapeutically
Content	PP1 Clarification of the psychotherapeutic mandate, psychotherapeutic goals, possibilities, and limitations. General and differential indication for psychotherapy. Planning and implementation of psychotherapy, progress monitoring and ongoing adjustment off the psychotherapeutic approach.
	Psychotherapeutic dialogue and interviewing, establishing relationship.
	Psychotherapeutic intervention and crisis intervention.
	Evaluation und documentation of the course of psychotherapy and its results.
	General treatment methods and techniques, effectiveness of the treatment methods and techniques. Ending the psychotherapeutic process.
	Special aspects of psychotherapy with different age groups and in different settings.
	Knowledge and understanding of different demographic and socioeconomic contexts of clients and patients and of their implications for psychotherapeutic treatment.
	Networking, interdisciplinary and interprofessional cooperation.

Subject	PP2 Psychotherapeutic Practice in Analytical Psychology
Objective	PP2 General information on the methods and the practice of Analytical Psychology
Content	PP2 The significance of the Unconscious in the psychotherapeutic practice (dream, imagination, fairy-tale, psychotherapeutic modelling, painting, sandplay). Self-regulation-causality-finality.
	Interpretation and handling of transference and countertransference.
Syndrome or disorder specific psychotherapy	Dissociability of the psyche. Ego-Self-Axis. Psychodynamics in the context of Developmental Psychology, understanding symbols versus mentalization ability. The pathogenetic complex. Dealing with the Shadow: Denial, splitting, projective identification, projection, confrontation with the Shadow. Shadow compatibility/tolerance/acceptance. Confrontation with Anima/Animus.
	Analytic-reductive and final-prospective techniques of interpretation. Resource orientation. The psychotherapeutical relationship. Transference and countertransference: concordant, complementary collusive, erotic, "negative", illusory, neurotic, etc. The four stages of psychotherapy according to C.G. Jung: Confession, elucidation, education, and transformation.
	Progression and (malignant) regression. Mental hygiene.
Social and cultural issues	Personal disorders, anxiety disorders and obsessive-compulsive disorders, depression, suicidality, stress and adjustment disorders, substance-related addiction, other addictions (e.g. gambling addiction, sex addiction), eating disorders, sexual disorders, somatoform disorders, body dysmorphia, psychoses.
	The significance of migration for identity formation, capability for integration, mental health, and psychotherapeutic treatment.
	Basic knowledge and dealing with the specific features of psychotherapy with the elderly.
	Reflective and autonomous action in critical situations.

Subject	PP3 Ethics, Professional Code of Conduct and Professional Duties
Objective	PP3 Knowledge of ethical and legal directives
Content	PP3 Professional ethics and professional codes; Federal law on psychology professions.
	Confidentiality and data protection. The informed patient, transparency of the relationship with the patient and the prevention of harm through psychotherapy. Basic knowledge of the legal healthcare system and its institutions. Professional liability. Child protection, special directives for

working with caregivers and institutions in the psychosocial environment of children and adolescents.
Economical use of available funds/resources

Subject	PP4 Findings of Psychotherapy Research and their Implications for Practice
Objective	PP4 Getting to know research methods and the significance of scientific studies  Learn about evaluation tools.
Content	PP4 Issues and methodology in psychotherapy research, results of research on the effectiveness of psychotherapy. Research in Analytical Psychology. Fundamentals of evidence-based psychotherapy. Search, acquisition and interpretation of scientific knowledge. Epistemological issues. Research on process outcomes of psychotherapy, differential indication, predictability of therapeutic treatment processes.  Documenation, observation methods, case studies, clinical trials, catamneses and their evaluation. Self and external evaluation. The medical meta-model and the contextual meta-model in comparison and their relevance for psychotherapeutic work.  The concept of quality of life.

Subject	PP5 Basics of other Psychotherapeutic Approaches and Methods
Objective	PP5 Getting to know impact models of other psychotherapeutic approaches and methods
Content	PP5 e.g. Behavioural Therapy, Systemic and Body Psychotherapy. Music Therapy. Person-centered therapy according to Rogers.
	Common and specific features in the practice of different psychotherapeutic methods.

Subject	PP6 Neurobiology and Neuropsychology
Objective	PP6 Getting to know the most important current neurobiological findings and their significance for psychotherapy
Content	PP6 Methods, research approaches and theories of neurobiology, neurophysiology and neuropsychology. Neurobiological findings into consciousness, the Unconscious, emotion, motivation, memory and imagination. The importance of the brain hemispheres. Neuropsychoanalysis.

Subject	PP7 The Psychotherapeutic Setting and Frameworks
Objective	PP7 In addition to questions about appropriate fees, questions about the practice room and its furnishings are clarified. Depending on the chosen psychotherapy methods, appropriate equipment and materials are needed.
Content	PP7 Duration of the session, frequency, fee amount and invoicing. Preparing reports to the health insurance companies, to the IV. Dealing with non-payments (payment reminders and debt collection). The psychotherapy room and its equipment.

Module: Analytical Psychology and its methods	
Subject	AP1 Fundamentals of Analytical Psychology
Objective	AP1 Understanding the basic concepts of Analytical Psychology and the ability to use Jungian terminology in comparison with other psychotherapeutic schools.
Content	AP1 The essence of the psyche, consciousness, unconsciousness, the Unconscious. Ego, Shadow, Persona, Animus/Anima. Self. Ego-Self axis. Personal and Collective Unconscious. Collective consciousness. Nature and function of Archetypes. Development of the term "Archetype". Relationship between archetype / biology / mind (instinct and brain structure). Definition and function of the symbol in distinction to the sign. Complexes as <i>via regia</i> to the Unconscious and their relative autonomy. Mode of action of the complexes. Dysfunctional complexes. Emotion, affect and somatization. Imagination.
	Typology: Introvert and extrovert attitudes. Functions: Thinking, feeling, intuition, sensation. Typology tests. Attitude and function types as means to understanding and psychptherapy aids.
	Psychic energy, regression, progression, libido, projection and neurosis in the approach of S. Freud and C.G. Jung. Psyche as self-regulating system. The principle of opposition, enantiodromia.

Subject	AP2 Dreams in Adults from the Perspective of Depth Psychology
Objective	AP2 Learning to interpret dreams as spontaneous self-expression of the Unconscious
Content	AP2 Historical background: Dream interpretation in the Epic of Gilgamesh, Ancient Egypt, Greece, in the Bible and during romanticism.

Scientific examination of dreams: What is a dream? Function of dreams, neurological and neuroscientific findings in modern dream research. Dream interpretation: Freudian concept. Differences between the Freudian and the Jungian approaches. Basics of C.G. Jung's dream interpretation: Dramatic structure of dreams with exposition, involvement, culmination and lysis. Complexes and compensation in the dream. Meaning of symbols, dream-ego, waking ego, objective and subject-level interpretation. Causality and finality. Association and amplification. Self-regulating character of the psyche in dreams. Conflict resolution potential in dreams.

Subject	AP3 Clinical Work with Dreams in Adults
Objective	AP3 Working with dreams in adults.
Content	AP3 Working with dreams in psychotherapy. Dream series. Forms of psychological resistance, resistance in the dream itself, resistance in dreamwork. Resistance as protection of the ego. Strengthening the ego through dreamwork. Dreamlessness versus flooding with dreams. Nightmares, death dreams. Initial dreams. Erotic transference and "negative" transference in dreams. Low structure dreams, complex constellations in dreams. Working with dreams. Working with dreams in case of ego-weakness. Archetypal dreams. Questioning technique in dreamwork. Creative approaches to dreamwork: Imagination and painting. Psychological interpretation of dreams as a dialectical process. Understanding symbols.

Subject	AP4 Myths and Fairy Tales from the Perspective of Depth Psychology
Objective	AP4 Understanding myths and fairy tales as clues to the fundamental structure of the Collective Unconscious.
Content	AP4 Origin, distribution and structure of myths and fairy tales. Differentiation of the literary genres "Fairy tales", "myths", "sagas" and "legends". Fairy tale language as an international human language. Connection between individual psychology and historical material. Values of culture expressed through myths. Fairy tales as the most concise, simple and precise representation of archetypes and elemental human conflicts, as well as of maturation steps and solutions, valid across cultures.  Prominent motifs in dreams: "heroic struggles", "dark night of the soul", "trickster", "hard-to-attain treasures". Method of amplification. Introduction to dream interpretation methods.

Subject	AP5 Clinical Work with Myths and Fairy Tales
Objective	AP5 Learn to apply myths and fairy tales in psychotherapeutic work.
Content	AP5 Mindful transfer of symbolic language and archetypal psychological processes into possibilities for psychological development for the nowadays patient. Learning to recognize fairy tale and myth motifs in dreams. Bringing in resources, potentials, and solutions in fairy tales into the psychotherapeutic work. The rejected, abandoned, and gifted child. Parenting complexes. Dealing with power and powerlessness.

Subject	AP6 The Understanding of Pictures in Adults from the Perspective of Depth Psychology and Clinical Practice
Objective	AP6 Creative expression as psychotherapeutic method. To be able to use painting in psychotherapy.
Content	AP6 Pictures: Symbolism of form, colour, numbers, and content. Spatial arrangement on the two-dimensional surface. Understanding the relationship between complexes and the symbolism of the designed image. Diagnostic and prognostic considerations. Transference and counter-transference phenomena in the image. Variants of interpretation and picture interpretation.

Subject	AP7 The Understanding of Sandplay in Adults from the Perspective of Depth Psychology and Clinical Practice
Objective	AP7 Understand sandplay as a working method of a process of physical and mental imagination. Learn its general application, but also its special use in psychosomatic disorders and in work with traumatized patients.
Content	AP7 Understand, experience, and interpret creative engagement between the Conscious and Unconscious through three-dimensional designs. Understanding of symbols including three-dimensional spatial symbolism. Relationship between the Conscious/Unconscious and the body-soul dimension. Recognizing and understanding psychodynamics in sandplay. Interpretation and documentation of sandplay processes.

Subject	AP8 Imagination Techniques in Clinical Practice
Objective	AP8 Working with techniques of imagination in psychotherapeutic treatment.
Content	AP8 Indication, possibilities, limitations, and risks of different techniques of imagination are discussed and practiced using treatment cases.

Subject	AP9 The Individuation Process and its Symbols
Objective	AP9 Understanding Jung's concept of Individuation and making it useful for psychotherapeutic practice.
Content	AP9 Individuation as a process of integration, differentiation, and relationship of the personality. How fragmentations can be integrated via symbolic experiences. Characteristics of the individual phases of life and their symbolizations. Transitional phases. Understanding existential collapses as Individuation tasks. Mourning processes and suicide in old age. The search for meaning in dreams, imagination, and pictures. Finding identity in a lifelong development process. The process of age-appropriate detachment from the parent complexes and achievement of age-appropriate ability to relate. Autonomy and dependency. Body-soul issue. The Transcendent Function. Synchronicity. Alchemy and its symbols.

Subject	AP10 Reading Seminar: Works of Analytical Psychology	
Objective	AP10 Critical study of the written work of C.G. Jung and of related works and later interpretations.	,
Content	AP10 Texts from the Collected Works of C.G. Jung and related works will be discussed and related to current scientific findings in psychotherapy and psychiatry.	

Subject	AP11 Studies in the Picture Archive
Objective	AP11 Insights into the research and documentation of historical images from the Unconscious of patients of the first half of the 20th century. Diagnostic evaluation of individual cases.
Content	AP11 In the picture archive of the C.G. Jung Institute about 4000 original pictures of C.G. Jung's patients as well as 6000 original pictures of Jolande Jacobi's patients are archived. Methods of interpretation and diagnostics are practiced on these pictures to gain a comparative insight into mental disorder patterns then and now.

Module: Child and Adolescent Psychotherapy	
Subject	KJP1 Comparative Developmental Psychology
Objective	KJP1 Knowledge of several developmental-psychological concepts as a foundation for the understanding of age and phase specific deviations and disorders in human development.
Content	KJP1 The position of developmental psychology within psychology and psychotherapy. The phenomenon of development and its determinants. Models of Individuation. Attachment theory.  Infancy and early childhood, childhood, youth, adolescence, adult development, old age. Pathogenetic aspects.

Subject	KJP2 The Psychotherapeutic Practice of Analytical Psychology with Children and Adolescents.
Objective	KJP2 Learning to work psychotherapeutically with children and adolescents, their caregivers, and their extended psycho-social environment.
Content	KJP2 Indication for psychotherapy with children and adolescents, its goals, its limitations. Psychodynamics of the child/adolescent in the family. Defense mechanisms and resistance. Analytic-reductive and final-prospective understanding. Resource orientation. The psychotherapeutic relationship. Transference and countertransference. Progression and regression.
	Working with caregivers and the psycho-social environment of the child/adolescent. Syndrome-specific child and adolescent psychotherapy with consideration of age and phase specific conflicts and problems. Anxiety and compulsions, sleep disorders, eating disorders, developmental disorders, behavioral and emotional disorders, depression and suicidal tendencies, substance dependency, stress and adjustment disorders, mental hygiene of the child and adolescent psychotherapist, burn-out prophylaxis.  Reflective and independent action in critical situations.

Subject	KJP3 Dreams in Children and Adolescents from the Perspective of Depth Psychology
Objective	KJP3 General psychology of dreams with special emphasis on their manifestation in childhood and adolescence

Subject	KJP4 Clinical Work with Dreams in Children and Adolescents
Objective	KJP4 Working with dreams of children and adolescents in practice.
Content	KJP4 Creative handling of dreams in psychotherapy with children and adolescents (painting, role-play, sandplay, conversation), understanding of symbols, dream series, understanding forms of resistance, ego strengthening through creative adaptation methods, dealing with nightmares, dreams of death, initial dreams, transference and countertransference dreams. Repetitive dreams. Constellations of complexes in dreams.

Subject	KJP5 The Understanding of Pictures in Children and Adolescents from the Perspective of Depth Psychology and Clinical Practice
Objective	KJP5 The creative expression as a diagnostic and psychotherapeutic method. Being able to use painting/drawing in psychotherapy.
Content	KJP5 Understanding of symbols: Symbolism of forms, colours, numbers, contents. Spatial arrangement in the two-dimensional realm. Understanding of the relation between complexes and the symbolism in the created image. Diagnostic and prognostic considerations. Phenomena of transference and countertransference in the picture. Integration of the understanding of the image-material into the psychotherapeutic work with children and adolescents.

Subject	KJP6 The Understanding of Sandplay in Children and Adolescents from the Perspective of Depth Psychology and Clinical Practice
Objective	KJP6 Understand sandplay as a working method of a process of physical and mental imaginations. Learn its general application, but also its special use in psychosomatic disorders and in the psychotherapeutic work with children and adolescents.
Content	KJP6 Understand, experience, and interpret creative engagement between the Conscious and the Unconscious through three-dimensional

designs. Understanding of symbols including three-dimensional spatial
symbolism. Relationship between the Conscious and Unconscious and
the body and soul. Recognizing and understanding psychodynamics in
sandplay. Interpretation and documentation of sandplay processes.
sandplay. Interpretation and documentation of sandplay processes.

Subject	KJP7 Symbolism of Play in Children
Objective	KJP7 General and in-depth knowledge of the symbolic language expressed in play, myths, fairy tales, literature, art and religion.
	Recognizing and understanding symbolism in the psychotherapeutic process and supporting its effect.
Content	KJP7 Depth Psychological understanding of symbols; symbols as manifestations of the Transcendent Function in child's play; the compensatory and healing function of symbols in play, diagnostic clues in symbols; symbols and symptoms; relationship aspects in symbolic language; connection between symbols and the child's external life situation.

Subject	KJP8 Child and Adolescent Psychiatry
Objective	KJP8 Psychiatry with children and adolescents in the psychotherapeutic practice.
Content	KJP8 Initial interview, personal anamnesis/third party anamnesis/family history, diagnosis. Diagnosis as a key to the indication, as a psychodynamic perspective, as a complex diagnosis, as a psychodynamic diagnosis (OPD-diagnosis) and as psychiatric descriptive diagnosis (ICD, DSM). Understanding psychodynamics in comparison with psychiatric diagnosis.  Nosology of child psychiatry, epidemiology of mental disorders. Emergency psychiatry and crisis intervention. Limitations and possibilities of pharmacological psychotherapy for children and adolescents (clinically relevant effects and side effects).

Subject	KJP9 Introduction to Concepts of Family Therapy
Objective	KJP9 Theoretical knowledge of the most important concepts of Family Therapy. Raising awareness of systemic interactions in psychotherapeutic work with children and their caregivers.  Relating Family Therapy approaches with Analytical Psychology.
Content	KJP9 Application to case studies.  Parental unconscious/shadow aspects and delegation. Integration of the knowledge into the supportive work with parents and caregivers.

Subject	KJP10 Private and Extended Social Network
Objective	KJP10 Dealing with the private and the extended social network.
Content	KJP10 Contact with the attachment figures relevant for the child/adolescent in the family and social environment.
	Cooperation with representatives of the health care system and health care institutions. Dealing with the extended duty of confidentiality.

Subject	KJP11 Parent Work and Parent Support.
Objective	KJP11 Recruiting parents and other relevant attachment figures for cooperation with the psychotherapist; educational support in child caring practices for the parents in order to achieve the psychotherapy objectives with the child/adolescent.
Content	KJP11 Combination of individual psychotherapy with child/adolescent and systemic work with their family.  Impartiality of the psychotherapist. Appreciation of parental efforts.  Dealing with possible feelings of failure and guilt in the parents, recognizing parental resistance mechanisms against psychotherapy with the child/adolescent. Analysis of their parenting style. Analysis of conflict relevant situations in the family which need to be improved.

Module: Existential issues as well as societal challenges and their relevance for psychotherapy	
Subject	E1 Religious Studies and Spirituality
Objective	E1 Learning to understand and interpret the religious and spiritual paths
Content	E1 Comparative history of religion, concepts of God and man through the ages, numinosity, creation myths, ideas of redemption, good and evil, conscience, perfection, completeness, wholeness, spirituality. Symbols.
	Read wisdom writings and other religious testimonies in the context of C.G. Jung's Archetypal theory and recognize their significance for the Path of Individuation.

Subject	E2 Cultural Anthropology
Objective	E2 Learning about foreign cultures as a resource for mental health.

Content	E2 Encounter with the «Unknown». Transcultural and intercultural beliefs,
	values, and attitudes. Ethnology and cultural anthropology. Relevance of
	cultural contexts to psychotherapeutic treatment.

Subject	E3 Critical Discussion of Socio-Political Issues	
Objective	E3 Reflect on the influence of social and high-tech living conditions on mental disorders and their relevance for the psychotherapeutic work.	
Content	E3 Zeitgeist as a Collective Consciousness, modern forms of work and life and social and technology-dominated life conditions as a background for the emergence and chronification of mental illnesses. Disease as a convention, social psychology. Individual and community: economization, anonymization, loss of privacy. Technique-based forms of psychotherapy and continuing education.  Analyze the respective Zeitgeist of Collective Consciousness as a characterizing factor of the psychic constitution of individuals and groups.	

Subject	E4 Existential Questions of our Common Humanity	
Objective	Critical examination of world views/philosophical approaches from the pective of Analytical Psychology in relation to the Individuationess and recognizing the relevance for psychotherapy	
Content	E4 The Individuation-Process in the field of tension of current possibilities of feasibility and desires, also against the background of global challenges such as artificial intelligence and digitalization.	
	Changing images of the world and people.	
	<b>Life and death</b> : illness, old age, fear of death, crises, life satisfaction, borderline situations, vulnerability, familiarity, trust. Facing death: getting involved and letting go. Death in dreams.	
	Life transitions	
	<b>Loneliness and relationship</b> : existential loneliness, "my" death, cosmic indifference, losing familiarity, loneliness, and relationship, gaining trust, Individuation-Process.	
	<b>Meaning</b> : meaning, purpose and coherence of life. Search for meaning in different phases of life, creativity, transcendent experiences and emotions. Questions of destiny.	
	<b>Freedom</b> : autonomy in relationships, responsibility, guilt and feelings of guilt in times of change or transition. Victim and perpetrator dynamics, freedom of will.	

Subject	E5 Interdiciplinary Approaches to Existential Issues – Interdisciplinary Exchange between related Disciplines
Objective	E5 Recognize interdisciplinary approaches to existential issues and their relevance to psychotherapy
Content	E5 Contributions from sociology, ethno-psychoanalysis, cultural studies, philosophy. Biology, neuroscience, economy, pedagogics, social work, cultural and media sciences, etc.
	Among other aspects, the aim is to discuss critically currently valid paradigms and resulting possible clinical disorders in society and in the individual.

### 5. Training goals

The training goals required in Article 5 of the Swiss Law for Psychology Professions (PsyG), are conveyed both within the framework of theoretical instruction as well as in individual and group supervision:

The use of current scientific findings, methods, and techniques is found especially in subjects D1, S1, P1, P2, P4 and in supervision.

The systematic reflection of one's professional activity and its consequences is found especially in subjects P1, P2, P3, E3 and in supervision.

The interdisciplinary communication and cooperation with colleagues in Switzerland and abroad is found especially in subjects P1, P2, P5 as well as in the context of encounters with internationally active psychotherapists and students in the international block program.

The critical examination of one's own activity in the respective social, legal, and ethical context is found especially in subjects P3, E2, E3, E4 and in supervision.

The assessment of the problem and mental state of clients and patients, and the application/recommendation of adequate measures is found especially in subjects D1, P1, P2, S2, KJP2, KJP8 and in supervision.

The involvement of health and social-services institutions, and taking into account the legal and social framework in counselling/accompanment/treatment is found especially in subjects P3, P7, S2, KJP8 and in supervision.

The economic handling of available resources is found especially in subject P3 and in supervision.

Reflected and independent action in critical situations is found especially in subjects P1, P2, S2, KJP8 and in supervision.

### 6. Tabular overviews

### a. Requirements for Program E

Intermediate Examinations

Prerequisites for the Intermediate Examinati Adults Program E	To be completed by	
At least 1 semester as a training candidate	Registration	
At least 60 credits in the basic subjects	deadline	
At least 125 credits in the basic subjects of v	which:	End of
Basic Diagnostics	10 credits	examinations period
Projective Test Procedures	6 credits	period
Introduction to the Word-Association Test	4 credits	
Depth Psychology Disorder Concepts	10 credits	
Fundamentals of the Psychotherapeutic Practic	Fundamentals of the Psychotherapeutic Practice	
	10 credits	
Psychotherapeutic Practice in Analytical Psychology	10 credits	
Ethics, Professional Code of Conduct and		
Professional Duties	4 credits	
Fundamentals of Analytical Psychology	20 credits	
Dreams in Adults from the Perspective of Depth Psychology	8 credits	
Myths and Fairy Tales from the Perspective of Depth Psychology	8 credits	

0	Oral Intermediate Examination I, Program E		Duration
1		Fundamentals of Analytical Psychology	40 min.

### Qualification to start casework

### **Qualification to start casework**

Granted by the Directorate of Studies after passing intermediate examination I and providing proof of 125 credits in the basic subjects.

Prerequisites for the Intermediate Examinations II, Adults Program E	To be completed by
Passed intermediate exam I Seminar paper on symbolic material	Registration deadline
At least 3 semesters as a training candidate and not later than in the 4 <sup>th</sup> semester as training candidate  At least 75 sessions of personal self experience	End of examinations period

Oral Intermediate Examination II Subjects, Program E		Duration
1	Dreams in Adults from the Perspective of Depth Psychology	30 min.
2	Myths and Fairy Tales from the Perspective of Depth Psychology	30 min.

### Site Interviews

### **Site Interviews with the Admissions Committee**

One year after beginning casework no earlier than the end of the 4th semester of study. (first evaluation of the supervisor and the reader must be present at the Administration of Studies)

### **Diploma Interview with the Admissions Committee**

Diploma Interview after the Case Examination

After the "Individual Case Examination"

As soon as the Administration of Studies has communicated the date for the case examination, the student arranges the diploma interview date with the coordinator of his individual Admissions Committee.

### Diploma Examinations

Prerequisites for the Diploma Examinations, Adults Program E	to be completed by
Written first assessment of the casework by the supervisors after 250 sessions at least	Registration deadline
First report of the reader about one long and one short case report, s. p. 24	
Written elaboration of a Word-Association Test on a patient	
Two written long case reports for the "Individual Case Examination"	

8 short case reports		3 months before the end of the examinations period
At least 4 training semesters as a diploma cand total of at least 8 semesters	didate and a	By the end of examinations
At least 150 sessions of personal self-experien	се	period
At least 500 casework hours with at least 10 pat sexes, 1 case of at least 80 hours.	ients of both	
Final assessment by the supervisors		
Second report of the reader		
Individual and group supervision: totalling at leasessions of which at least 50 are individual and are group supervision sessions		
Two years of case-responsible clinical work at percent (correspondingly longer if part-time, we least 40 percent if part-time).		
By the time the Diploma Examinations are of at least 375 additional credits must be earn basic and advanced subject areas, of which	ed from all	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:	ed from all n at least ing ad-	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test	ed from all a at least ing ad-	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts	ed from all a at least ing ad- 6 credits 20 credits	
at least 375 additional credits must be earning basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts  Clinical Psychiatry	ed from all at least ing ad- 6 credits 20 credits 10 credits	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts	ed from all at least ing ad- 6 credits 20 credits 10 credits 20 credits	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts Clinical Psychiatry Fundamentals of Psychotherapeutic Practice	ed from all at least ing ad- 6 credits 20 credits 10 credits 20 credits 20 credits 40 credits	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts  Clinical Psychiatry  Fundamentals of Psychotherapeutic Practice  Psychotherapeutic Practice in Analytical Psychology Disorder Concepts  Findings in Psychotherapy Research and their	ed from all at least ing ad- 6 credits 20 credits 10 credits 20 credits nology 40 credits Implications 10 credits	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts Clinical Psychiatry Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychotherapeutic Practice in Analytical Psychotherapeutic Practice Findings in Psychotherapy Research and their for Practice Foundations of other Psychotherapeutic Approximations	6 credits 20 credits 10 credits 20 credits 10 credits	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts Clinical Psychiatry Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychotherapeutic Practice in Analytical Psychotherapeutic Practice Findings in Psychotherapy Research and their for Practice Foundations of other Psychotherapeutic Approximations	6 credits 20 credits 10 credits 20 credits 10 credits	
at least 375 additional credits must be earn basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts Clinical Psychiatry Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychotherapeutic Practice in Analytical Psychotherapeutic Practice Findings in Psychotherapy Research and their for Practice Foundations of other Psychotherapeutic Approach Methods The Psychotherapeutic Setting and Framework	6 credits 20 credits 10 credits 20 credits 10 credits 40 credits	
at least 375 additional credits must be earned basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test Depth Psychology Disorder Concepts Clinical Psychiatry Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychotherapeutic Practice in Analytical Psychotherapeutic Practice Foundations of other Psychotherapeutic Approach Methods The Psychotherapeutic Setting and Framework Clinical Work with Dreams in Adults	at least ing ad- 6 credits 20 credits 10 credits 20 credits 20 credits hology 40 credits Implications 10 credits eaches and 10 credits 20 credits 20 credits	
at least 375 additional credits must be earned basic and advanced subject areas, of which 250 credits must be earned from the following vanced subject areas:  Examination Seminar Word-Association Test  Depth Psychology Disorder Concepts  Clinical Psychiatry  Fundamentals of Psychotherapeutic Practice  Psychotherapeutic Practice in Analytical Psychology  Findings in Psychotherapy Research and their for Practice  Foundations of other Psychotherapeutic Approximately  Methods  The Psychotherapeutic Setting and Framework  Clinical Work with Dreams in Adults  Clinical Work with Myths and Fairy Tales	at least ing ad- 6 credits 20 credits 10 credits 20 credits 10 credits 10 credits Implications 10 credits Paches and 10 credits 20 credits 20 credits A credits 20 credits 20 credits	

The Understanding of Sandplay in Adults from the Perspective of Depth Psychology and Clinical Practice		
	10 credits	
Imagination Techniques in Clinical Practice	10 credits	
The Individuation-Process and its Symbols	10 credits	
The Psychotherapeutic Practice in Analytical Pswith Children and Adolescents	sychology 10 credits	
Religious Studies and Spirituality	10 credits	
Cultural Anthropology	10 credits	
Critical Discussion of Socio-Political Issues	10 credits	
Existential Questions of our Common Humanity	10 credits	

Oral	Diploma Examinations, Programm E	Duration
1	Individual Case Examination of an Adult including the Understanding of Dreams from the Perspective of Depth Psychology	90 min.
2	The Understanding of Pictures or Sandplay Processes from the Perspective of Depth Psychology and Clinical Practice	40 min.
Written Diploma Examination, Program E		Duration
3	Existential Questions and Societal Challenges and their Relevance for Psychotherapy	6 hours written paper at the institute or diploma-work

The written examination can be taken either as a 6-hour written examination at the institute or as a 40-page diploma-work followed by an oral discussion (40 min.).

### b. Requirements for Program K

Intermediate Examinations

Prerequisites for the Intermediate Exam Program K	inations I,	to be completed by
At least 1 semester as a training candidate		Registration
At least 60 credits in the basic subjects		deadline
At least 125 credits in the basic subjects of	which:	End of
Basic Diagnostics	10 credits	examinations period
Anamnesis with Children and Adolescents	10 credits	period
Projective Test Procedures	6 credits	
Depth Psychology Disorder Concepts	10 credits	
Fundamentals of Psychotherapeutic Practice	10 credits	
Ethics, Professional Code of Conduct and Pro- Duties	fessional 4 credits	
Fundamentals of Analytical Psychology	20 credits	
Myths and Fairy Tales from the Perspective of Depth Psychology	8 credits	
Comparative Developmental Psychology	4 credits	
Psychotherapeutic Practice in Analytical Psychology with Children and Adolescents	10 credits	
Dreams in Children and Adolescents from the Perspective of Depth Psychology	8 credits	

Oral	Intermediate Examinations I, Program K	Duration
1	Fundamentals of Analytical Psychology	40 min

### **Qualification to start casework**

Qualification to start casework

Granted by the Directorate of Studies after passing the Intermediate examination I and providing proof of 125 credits in the basic subjects.

Prerequisites for the Intermediate Examinations II, Program K	to be completed by
Passed intermediate exam I	Registration
Seminar paper on symbolic material.	deadline

At least 3 semesters as a training candidate and not later	End of
than in the 4 <sup>th</sup> semester as training candidate	examinations
At least 75 sessions of personal self experience	period

Oral Intermediate Examinations II, Program K		Duration
1	Dreams in Children or Adolescents from the Perspective of Depth Psychology	30 min
2	Myths and Fairy Tales from the Perspective of Depth Psychology	30 min.

### Site Interviews

### Site Interviews with the Admissions Committee

One year after beginning casework no earlier than the end of the 4th semester of study. (first evaluation of the supervisor and the reader must be present at the Administration of Studies)

### **Diploma Interview with the Admissions Committee**

After the "Individual Case Examination"

Diploma Interview after the case examination

As soon as the Administration of Studies has communicated the date for the case examination, the student arranges the diploma interview date with the coordinator of his individual Admissions Committee.

### Diploma Examinations

Prerequisites for the Diploma Examinations, Program K	to be completed by
Written first assessment of the casework by the supervisors after 250 sessions at least	Registration deadline
First report of the reader about one long and one short case report, s. p. 24	addamio
Seminar paper on a projective test	
Choose between	
either: Anamnesis report accepted by the advisor	
Or: Seminar paper on family interactions accepted by the advisor	
Two written long case reports for the "Individual Case Examination	

		3 months before the end of examinations period
At least 4 training semesters as a diploma cand total of at least 8 semesters	idate and a	End of examina- tions period
At least 150 sessions of personal self-experience	ce	
At least 500 casework hours with at least 10 patiesexes, 2 cases of at least 30 hours.	ents of both	
Final assessment by the supervisors		
Second report of the reader		
Individual and group supervision: totalling at least sessions of which at least 50 are individual and are group supervision sessions		
Two years of case-responsible clinical work at a percent (correspondingly longer if part-time, wo least 40 percent if part-time).		
basic and advanced subject areas, of which 250 credits must be earned from the following advanced subject areas:		
Death Death Lea Discussion Occurrents	40 19	
Depth Psychology Disorder Concepts  Fundamentals of Psychotherangutic Practice	10 credits	
Depth Psychology Disorder Concepts Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychology		
Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in	20 credits	
Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychology Findings in Psychotherapy Research and their	20 credits 10 credits	
Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychology Findings in Psychotherapy Research and their Implications for Practice Foundations of other Psychotherapeutic	20 credits 10 credits 10 credits 10 credits	
Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychology Findings in Psychotherapy Research and their Implications for Practice Foundations of other Psychotherapeutic Approaches and Methods The Psychotherapeutic Setting and Framework Clinical Work with Myths and Fairy Tales	20 credits 10 credits 10 credits 10 credits	
Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychology Findings in Psychotherapy Research and their Implications for Practice Foundations of other Psychotherapeutic Approaches and Methods The Psychotherapeutic Setting and Framework Clinical Work with Myths and Fairy Tales Psychotherapeutic Practice in Analytical Psychology with Children and Adolescents	20 credits 10 credits 10 credits 10 credits 4 credits	
Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychology Findings in Psychotherapy Research and their Implications for Practice Foundations of other Psychotherapeutic Approaches and Methods The Psychotherapeutic Setting and Framework Clinical Work with Myths and Fairy Tales Psychotherapeutic Practice in Analytical	20 credits 10 credits 10 credits 10 credits 4 credits 20 credits	
Fundamentals of Psychotherapeutic Practice Psychotherapeutic Practice in Analytical Psychology Findings in Psychotherapy Research and their Implications for Practice Foundations of other Psychotherapeutic Approaches and Methods The Psychotherapeutic Setting and Framework Clinical Work with Myths and Fairy Tales Psychotherapeutic Practice in Analytical Psychology with Children and Adolescents Clinical Work with Dreams in Children	20 credits 10 credits 10 credits 10 credits 40 credits 40 credits	

Psychology and Clinical Practice	15 credits
Symbolism of Play in Children	10 credits
Child and Adolescent Psychiatry	10 credits
Introduction to Concepts of Family Therapy	10 credits
Parent Work and Parent Support	6 credits
Religious Studies and Spirituality	10 credits
Cultural Anthropology	10 credits
Critical Discussion of Socio-Political Issues	10 credits
Existential Questions of our Common Humanity	10 credits

Oral	Diploma Examinations, Program K	Duration
1	Individual Case Examination of a Child or Adolescent including the Understanding of Dreams from the Perspective of Depth Psychology	90 min.
2	The Understanding of Pictures or Sandplay Processes in Children or Adolescents from the Perspective of Depth Psychology and Clinical Practice	40 min.
Writt	en Diploma Examination, Program K	Duration
3	Existential Questions and Societal Challenges and their Relevance for Psychotherapy	6 hours Written paper or diploma-work

The written examination can be taken either as a 6-hour written examination at the institute or as a 40-page diploma-work followed by an oral discussion (40 min.).

### c. Requirements for Program C

Intermediate Examinations

Prerequisites for the Intermediate Exam Program C	inations I,	to be completed by
At least 1 semester as a training candidate		Registration
At least 60 credits in the basic subjects		deadline
At least 125 credits in the basic subjects of	which:	End of
Basic Diagnostics	10 credits	examinations period
Anamnesis with Children and Adolescents	10 credits	period
Projective Test Procedures	6 credits	
Introduction to the Word-Association Test	4 credits	
General Psychology Disorder Concepts	10 credits	
Fundamentals of Psychotherapeutic Practice	10 credits	
Psychotherapeutic Practice in Analytical Psych		
Ethics, Professional Code of Conduct and Prof	10 credits fessional	
Duties	4 credits	
Fundamentals of Analytical Psychology	10 credits	
Dreams in Adults from the Perspective of		
Depth Psychology	8 credits	
Myths and Fairy Tales from the Perspective		
of Depth Psychology	8 credits	
Comparative Developmental Psychology	4 credits	
Psychotherapeutic Practice in Analytical	10 credits	
Psychology with Children and Adolescents	TO Credits	
Dreams in Children and Adolescents from the Perspective of Depth Psychology	6 credits	

Oral	Intermediate Examination I, Program C	Duration
1	Fundamentals of Analytical Psychology	40 min

### **Qualification to start casework**

Qualification to start casework

Granted by the Directorate of Studies after passing the Intermediate examination I and providing proof of 125 credits in the basic subjects.

Prerequisites for the Intermediate Examinations II, Program C	to be completed by
Passed intermediate exam I Seminar paper on symbolic material	Registration deadline
At least 3 semesters as a training candidate and not later than in the 4 <sup>th</sup> semester as training candidate  At least 75 sessions of personal self experience	End of exami- nations period

Oral Intermediate Examinations II, program C		Duration
1	Dreams in Adults from the Perspective of Depth Psychology	30 min
	or alternatively	
	Dreams in Children or Adolescents from the Perspective of Depth Psychology	
2	Myths and FairyTales from the Perspective of Depth Psychology	30 min.

### Site Interviews

### Site Interviews with the Admissions Committee

One year after beginning casework no earlier than the end of the 4th semester of study. (first evaluation of the supervisor and the reader must be present at the Administration of Studies)

# Diploma Interview after the Case Examination

### **Diploma Interview with the Admissions Committee**

After the "Individual Case Examination"

As soon as the Administration of Studies has communicated the date for the case examination, the student arranges the diploma interview date with the coordinator of his individual Admissions Committee.

## Diploma Examinations

Prerequisites for the Diploma Examinations, Program C	to be completed by
Written first assessment of the casework by the supervisors after 250 sessions at least	Registration deadline
First report of the reader about one long and one short case report, s.p. 24	
Either: Written elaboration of a Word-Association Test on a patient	

Or alternatively: Seminar paper on a projective test accepted by the advisor	
Either: Anamnesis report accepted by the advisor	
Or alternatively: Seminar paper on family interactions accepted by the advisor	
Two written long case reports on adults for the "Individual Case Examination"	
Two written long case reports on children/adolescents for the "Individual Case Examination"	
6 short case reports	3 months before the end of examinations period
At least 4 training semesters as a diploma candidate and a total of at least 8 semesters	End of examinations
At least 150 sessions of personal self-experience	period
At least 500 casework hours with at least 10 patients of both sexes, 1 case of at least 80 sessions (adult), 1 case of at least 30 hours (children and adolescents)	
Final assessment by the supervisors	
Second report of the reader	
Individual and group supervision: totalling at least 150 sessions of which at least 50 are individual and at least 70 are group supervision sessions.	
Two-year full time clinical practice as an employed psychologist (part-time employments last correspondingly longer; part-time employments must be at least 40%)	
By the time the Diploma Examinations are completed, a minimum of 375 credits must have been earned in all advanced subjects, of which at least 256 credits must have been earned in the following basic and advanced subjects:	
Examination Seminar Word-Association Test 6 credits	
Depth Psychology Disorder Concepts 10 credits Clinical Psychiatry 10 credits	
Clinical Psychiatry 10 credits Fundamentals of Psychotherapeutic Practice 10 credits	
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Psychotherapeutic Practice in	

Findings in Psychotherapy Research and their Implications for Practice 10 credits Foundations of other Psychotherapeutic Approaches and Methods 10 credits The Psychotherapeutic Setting and Frameworks 4 credits Clinical Work with Dreams in Adults 10 credits Clinical Work with Myths and Fairy Tales 10 credits The Understanding of Pictures in Adults and from the perspective of Depth Pychology and Clinical Practice 10 credits Imagination Techniques in Clinical Practice 10 credits The Individuation-Process and its Symbols 10 credits Psychotherapeutic practice in Analytical Psychology with Children and Adolescents 20 credits Clinical Work with Dreams in Children and Adolescents 10 credits The Understanding of Pictures in Children and Adolescent from the Perspective of Depth Psychology 10 credits The Understanding of Sandplay in Children and Adolescents from the Perspective of Depth Psychology and Clinical Practice 10 credits The Understanding of Sandplay in Children and Adolescents from the Perspective of Depth Psychology and Clinical Practice 10 credits The Understanding of Family Therapy 10 credits Child and Adolescent Psychiatry 10 credits Introduction to Concepts of Family Therapy 10 credits Introduction to Concepts of Family Therapy 10 credits Religious Studies and Spirituality 10 credits Cultural Anthropology 10 credits Critical Discussion of Socio-Political issues 10 credits Existential Questions of our Common Humanity 10 credits	ſ	Analytical Dayabatharasy	20 orodita
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		Cultural Anthropology	10 credits
Existential Questions of our Common Humanity 10 credits		Critical Discussion of Socio-Political issues	10 credits
		Existential Questions of our Common Humanity	10 credits

Oral	Diploma Examinations, Program C	duration
1	Individual Case Examination of an Adult including the Understanding of Dreams from the Perspective of Depth Psychology	90 min.

2	Individual Case Examination of a Child or Adolescent including the Understanding of Dreams from the Perspective of Depth Psychology	90 min.
3	The Understanding of Pictures or Sandplay Processes in Adults from the Perspective of Depth Psychology and Clinical Practice  Or alternatively  The Understanding of Pictures or Sandplay Processes in Children or Adolescents from the Perspective of Depth Psychology and Clinical Practice	40 min.
Written Diploma Examination, Program C		Duration
4	Existential Questions and Societal Challenges and their Relevance for Psychotherapy	6 hours Written examination or diploma-work

The written examination can be taken either as a 6-hour written examination at the institute or as a 40-page diploma-work followed by an oral discussion (40 min.).

### **E. COMING INTO FORCE**

The "Curriculum Analytical Psychotherapy" came into force with the resolution of the Board of the Training Sector and approval by the Curatorium on 01.04.2015 and was revised with the resolution of the Board of the Training Sector and approval by the Curatorium on 01.10.2018 and on 1.1.2022.